

ØahcImpact ReportOctober 2024April-September 2024



Message from our Hospital Director & CEO

Dear Friend of AHC,

Welcome to the October 2024 Impact Report.

I'm proud of the progress Cambodia and AHC made over the past six months.

In September, Siem Reap hosted the Gumball 3000 Rally. The event welcomed celebrities, influential figures, artists and tourists from all over the world and raised over \$450,000 for children at AHC.

It's good to see friendly faces back in Cambodia. I'm grateful to have our support grow as tourists return and the Cambodian economy strengthens.

AHC reached an important milestone as our Saving Babies Lives team began their new project in Angkor Chum Operational Health District, Siem Reap Province. After six years of hard work in Preah Vihear Province, I'm excited for all they'll continue to accomplish as they move into this new phase of the programme.

We're also taking important steps to continue improving the quality of our care. In June, we began working towards the Cambodian Hospital Accreditation Standards. This initiative by the Ministry of Health will ensure health services around Cambodia keep growing more accessible, higher quality and transparent.

These steps make me excited for the future. After over 30 years as a doctor, I feel warm seeing healthcare continue to improve year after year for children and families in Cambodia.

And it's all thanks to you. Your support ensures every child in Cambodia gets the quality, compassionate health care they deserve. Thank you.

Yours sincerely, Dr Ngoun Chanpheaktra

Hospital Director & CEO



Strategic goal 1

Provide specialty care for children across Cambodia with long-term, rare or acute conditions

Medical social work team supports children with long-term conditions

Children with severe and chronic conditions face a unique set of challenges.

Children with illnesses like cancer or haemophilia may spend weeks or months in the hospital. The difficulties of their illness combined with long hospital stays can lead to feelings of isolation, anxiety and depression.

In September, our medical social work team organised a special field trip for children staying in the hospital long term. We invited 35 children and caregivers to enjoy a fun and relaxing day at Angkor Wat with our team.

These field trips are a valuable opportunity for children to play, relax and make friends. They shift children's focus away from their illness and allow families to connect with others experiencing similar challenges.

Our medical social work unit is critical to creating a healing environment for children in the hospital. Besides these field trips, we support children in the hospital every day with art and play therapy, individual and group counselling, family workshops and more.

When children feel emotionally supported in the hospital, they experience improved treatment outcomes and recovery.

I'm proud to lead a team that helps create an environment where children feel just as supported emotionally as they do physically.



Loy Champa Medical Social Work Unit Team Leader



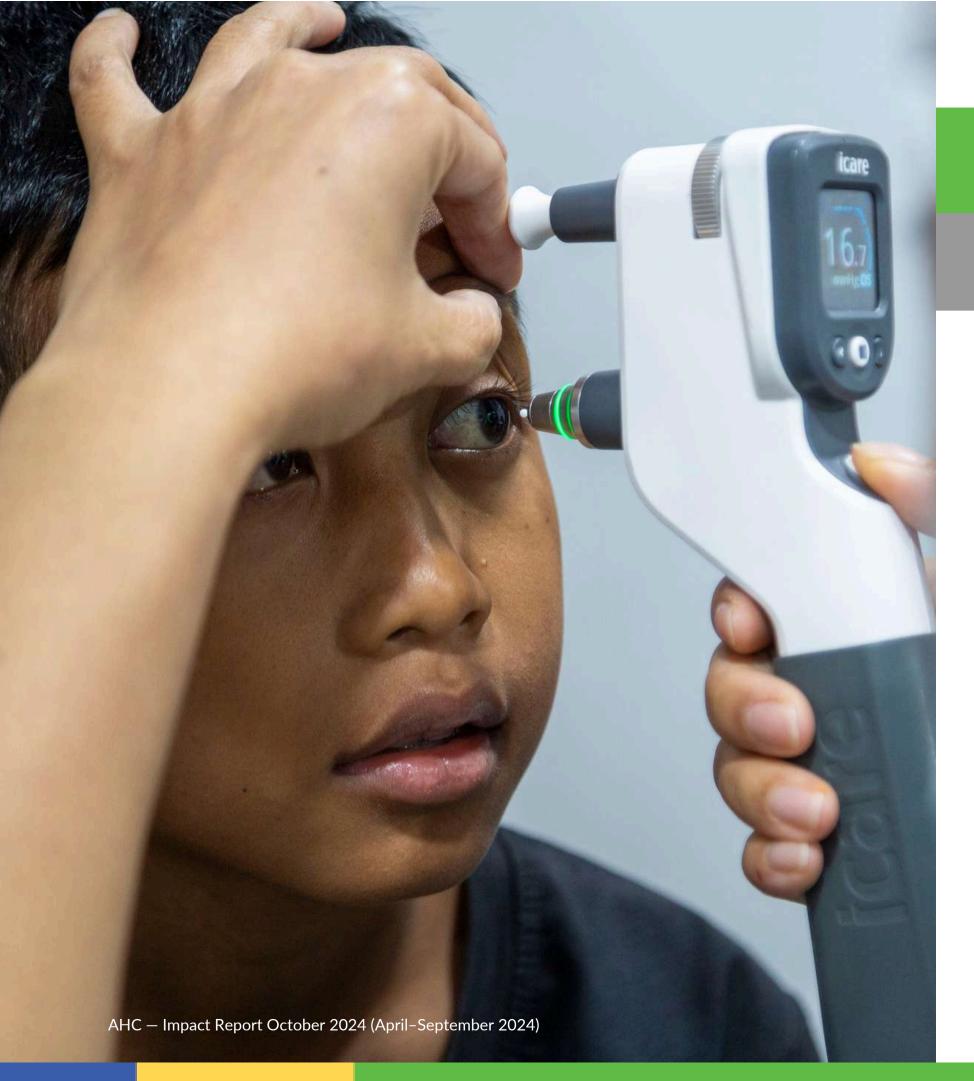


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Thank you to AHC for not only providing good care and treatment, but also for supporting my child through this enjoyable trip and encouraging her to have fun with other children. It's important for children staying in the hospital long-term to also receive good mental health care.

Theara Mother of Nari, a child with cancer

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April-September 2024



AHC's impact

56,247

children treated by our out-patient department

1,997

children stayed in our in-patient department

841

children treated in our intensive care unit

7,885

children received surgery

235

babies treated in our neonatal unit



Strategic goal 2

Saving Babies Lives – six years later

Cambodia has one of the highest neonatal mortality rates in Southeast Asia. Without proper education for caregivers and healthcare workers, far too many newborns die, especially in rural areas.

Many hospitals and health centres across Cambodia are not equipped with all the necessary facilities, knowledge and skills needed to care for newborn babies. Most newborn deaths are preventable – resulting from factors like complications at birth, infections and prematurity. A few simple skills and tools can mean the difference between life and death.

To address this issue, we launched our Saving Babies Lives programme in 2018. Our programme aims to equip healthcare workers with the life-saving knowledge, skills and resources to care for vulnerable newborns.

Improve healthcare for children across Cambodia through education for health workers, community members and caregivers



Wrapping up our project in Preah Vihear Province

We began our programme in Preah Vihear Province. After six years of working in the local health centres and referral hospitals, our Saving Babies Lives team will finally wrap up our work there in March 2025.

After our training and mentorship, we observed measurable improvements in life-saving skills and knowledge in neonatal resuscitation, infection prevention and control and identifying sick newborns. I'm proud that we were also able to help the two referral hospitals in the province create their first dedicated neonatal units.

I feel accomplished knowing our efforts will continue to save so many young lives in Preah Vihear. We've learned so much from our project there, and I'm feeling confident as we now move the project forward into Angkor Chum.

Looking ahead to Angkor Chum

In August, our team started working in Angkor Chum Operational Health District, Siem Reap Province. Following our community research phase, we'll identify the biggest challenges in neonatal care throughout Angkor Chum and plan the best steps to address them.

We expect to spend another six to seven years covering all 23 health centres and two referral hospitals in Angkor Chum. From training, mentorships and community mobilisation – I'm excited to see the progress neonatal care makes over these next several years in Angkor Chum.



Leng Daly Saving Babies Lives Programme Co-Lead



Looking back: Meet the first baby saved at January 16 Referral Hospital

Back in November 2019, Lang was less than seven months pregnant when she started going into labour. She travelled 100 kilometres to Preah Vihear's January 16 Referral Hospital, where she gave birth to her daughter Samnang. She weighed only one kilogram.

The hospital staff admitted Samnang to their newly installed neonatal care unit, which AHC's Saving Babies Lives team helped create. Thanks to the training and mentorship of AHC's team, the nurses in the neonatal unit knew how to care for little Samnang.

After two weeks, Lang was able to start breastfeeding. With Samnang's condition improving, Lang asked to go home. The team reluctantly discharged them, as long as Lang returned for a follow up in one month.

A week later, our Saving Babies Lives team returned to the hospital for a routine mentorship visit. Hearing about Samnang's case, they explained that two weeks was too early to send Samnang home. They contacted Lang and advised her to bring Samnang back to the hospital immediately, where she could continue receiving the care she needed.

Lang and Samnang returned and stayed in the hospital until both teams felt confident sending her home.

"I felt like we'd finally made it — the neonatal team managed Samnang's health by themselves, giving all the right treatments," expressed Dr Say Sopheakneary, AHC's Saving Babies Lives Clinical Lead. "We just needed to add some knowledge about safe discharge and follow ups. Nowadays, they manage all the babies' care independently. That's what makes me most happy — that the neonatal staff can manage without me."



In late 2021, pure delight erupted at January 16 Referral Hospital when almost-twoyear-old Samnang returned to the unit to say hello. Lang had brought her to the hospital to treat a small wound on her foot and wanted to visit the team that helped Samnang as an infant.

"It's difficult to express how happy we were to see Samnang," shared Sreylin, a neonatal nurse at January 16 Referral Hospital. "When she first arrived, I worried she wouldn't survive. Our neonatal unit had just opened, and our knowledge was very limited. But our AHC mentors taught us well. Samnang makes me so happy because she was the first case of us helping such a small baby survive at our hospital."

The neonatal staff at the January 16 Referral Hospital have now completed five years of training and mentorship and have grown in both knowledge and confidence. Samnang, now almost five, is continuing to grow into a happy and healthy child.

"Samnang is my miracle. She was born so small but now she's developing well like other children," Lang shared. "I want to say thank you so much to everyone at the neonatal unit who helped my daughter grow to be healthy."

Our Saving Babies Lives team is so pleased that our work is creating futures for children like Samnang. We're so thankful for the hard work and dedication of the January 16 neonatal staff, as well as Lang for sharing Samnang's wonderful story.

Note: We previously shared Lang and Samnang's story with different names to protect their privacy. However, they have since given permission to use their real names. You can hear more about their story <u>here</u>.



AHC's impact

April-September 2024



184,403

attendances at AHC's prevention and health education activities in villages, schools, communes and in the hospital



11,035

virtual and in-person attendances at AHC's education training for external healthcare professionals, nursing and medical students and AHC staff



38 government health facilities strengthened



15 research publication



research publications in peer-reviewed journals internationally



Strategic goal 3

Run a locally led, strong and transparent organisation

AHC on path towards national accreditation

In 2020, Cambodia's Ministry of Health launched the Cambodian Hospital Accreditation Standards. Covering 11 groups of standards, these guidelines aim to uplift the quality of health services in Cambodia. They'll help ensure that every person in Cambodia can achieve the highest level of health and well-being.

In May 2024, AHC officially began working towards meeting the Cambodian Hospital Accreditation Standards to be prepared for national accreditation by December 2026. To achieve accreditation, the Cambodian National Accreditation Organization, established by the Ministry of Health, will evaluate AHC to ensure that all improvement areas in each standards group have been met.

The standards cover a wide and detailed range of topics, from leadership and management, patient and family rights and responsibilities, infection prevention and control and more.

Meeting these standards will ensure that AHC remains relevant, effective and transparent for years to come. We're particularly excited to take strides towards further engaging local communities in our hospital's decisions and activities.

I'm excited to help facilitate these improvements in our hospital and encourage a culture of continuous improvement.

By working closely with local communities and consistently evaluating our processes and outcomes, we can ensure we're always providing the best possible care to every child in Cambodia.

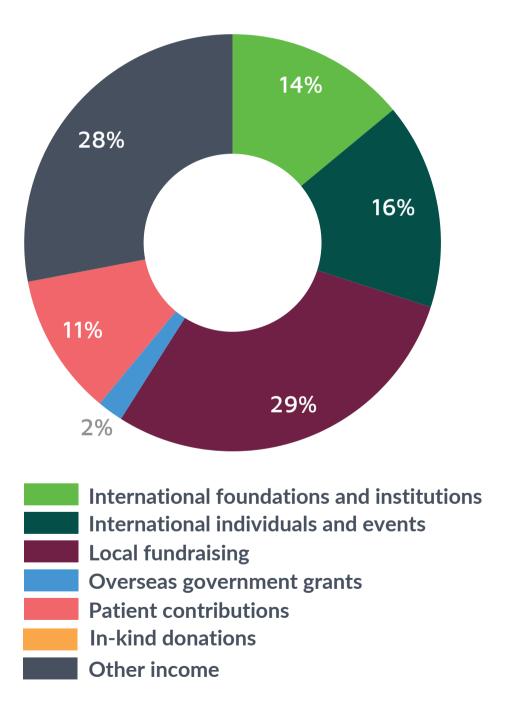


Duong Vibol Education Director & Accreditation Coordinator

Financials

Source of funds

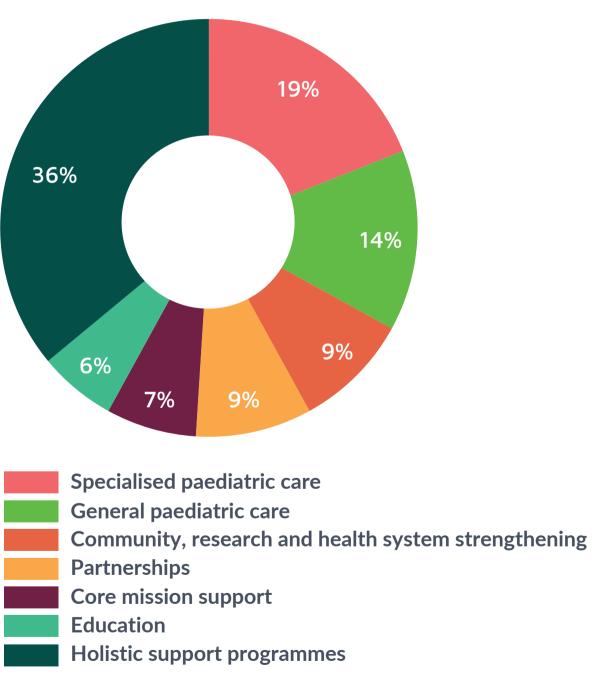
Total funds raised April-September 2024: US\$2.46 million



There were no in-kind donations during this reporting period

Use of funds

Total funds used April-September 2024: US\$2.65 million



The figures above exclude in-kind donations received from The Royal Government of Cambodia

Looking ahead to the end of 2024

AHC will launch an appeal to raise funds for children's life-saving trauma and critical care.

AHC — Impact Report October