



YN3 Sam Ouch and Spc. Robert Parker go head-to-head during a Sumo wrestling match at the Pre-Navy Ball Bash at Phillips Park, June 24.

'Bash' promotes October's Navy Ball

Story and photos by MC2(AW) Honey Nixon, Public Affairs Office

The 'Pre'-Navy-Ball Bash, held June 24 at Phillips Park helped service-members and the community kick off the summer, while promoting the upcoming Navy Ball in October.

The 'bash' was a fund-raiser to help generate funds for the upcoming ball, while giving participants a chance to enjoy entertainment, food, outdoor activities, and an all-around good time.

"The big reason for this event was to get people excited about the Navy Ball," said MA2 Mary Saxton, co-chair of the Navy Ball Committee, "and it's also a way to celebrate the half-way point to the Navy Ball."

The crowd enjoyed music ranging from salsa to hip-hop, and provided a festive backdrop to the good-cheer and conversation. MWR offered an array of

activities including sumo-wrestling and a rock-wall. MWR also had hot dogs and hamburgers available for a nominal fee.

The 'favorite' of the night was sumo wrestling, where participants donned inflatable sumo suits that put their equilibrium to the test.

"I had a great time tonight," said IT2 Karlheinz Saranthus. "The sumo wres-

Continued on page 7

Col. Dennis assumes command of JDG

By MC1 Igo Wordu, Naval Station Public Affairs

Col. Wade Dennis, USA, assumes command of the Joint Detention Group (JDG), Joint Task Force (JTF) – Guantanamo, in a ceremony today at Bulkeley Lyceum, in Camp America. He takes over the JDG from Col. Mike Bumgarner, USA, who has held command of the unit since April 2005.

Born in Huron, S.D., Dennis enlisted in the Army as a military policeman in January 1978. After assignments with the 552nd MP Company in Korea, and the 205th MP Company at Ft. Leavenworth, Kan., he was promoted to the rank of sergeant, and later awarded an ROTC “Green to Gold” scholarship. After attending Yankton College, S.D., he was commissioned a Military Police Second Lieutenant in 1984.

His military assignments and leadership positions include: Platoon Leader, 65th MP Company, 503rd MP Battalion, Ft. Bragg, N.C.; Platoon Leader and then Company Commander, 82nd MP



Col. Wade Dennis, USA

Company, 82nd Airborne Division, Ft. Bragg; Assistant Bridge S-3, 16th MP Brigade (Airborne), Ft. Bragg; Senior MP Observer/Controller, Joint Readiness Training Center (JRTC), Ft. Carson, Colo.; Chief, Operations Division, United States Forces Korea (USFK) PM office, Yongsan, Korea; Division Provost Marshal, 82nd Airborne Division, Ft. Bragg; and Commander, 503rd Military Police Battalion (Airborne) Ft. Bragg. Dennis was most recently



Col. Mike Bumgarner, USA

the Director of Training and Leader Development for the U.S. Army Military Police School at Fort Leonard Wood, Mo.

He holds a Bachelor of Arts degree in Criminal Justice from Yankton College, S.D., and has a Master of Forensic Sciences from George Washington University, Washington, DC. He is also a graduate of the FBI National Academy, Quantico, VA.

His awards include the Bronze Star Medal (two awards), the Defense Meritorious Service Medal, the Meritorious Service Medal (four awards), the Army Commendation Medal (three awards), the Joint Service Achievement Medal, Army Achievement Medal, Army Superior Unit Award, Army Good Conduct Medal, National Defense Service Medal, the Armed Forces Expeditionary Medal (w/arrowhead), the Southwest Asia Ser-

vice Medal, and the Global War on Terrorism Expeditionary Medal.

Col. Bumgarner is departing Guantanamo Bay to assume duties as Director of the Capabilities Development and Integration Directorate for the US Army Maneuver Support Center at Ft. Leonard Wood, Mo.

Maj. Gen. Jay Hood, former JTF commander, recommended Bumgarner for his second Defense Superior Service Medal saying he played significant role in implementing improvements in the JDG mission capability while serving as its commander.

“His outstanding leadership, professionalism, and unyielding dedication to the mission increased efficiencies in detainee operations that directly supported Operation Enduring Freedom and the Global War on Terrorism,” said Hood. “His leadership and guidance has had a resounding impact upon the Joint Task Force’s ability to accomplish its detention and intelligence-gathering mission.”

Bumgarner is credited with being the catalyst for revitalizing unit training and mission readiness of the JDG.

“Col. Bumgarner is the epitome of military leadership,” said Hood. “Through his undaunted pursuit of excellence, he inspired the JDG to make improvements in every area of operations.”

Correction

The Gazette takes mistakes seriously. All mistakes of fact will be corrected as soon as possible.

The winners of the Ms. PIDC pageant were mis-identified in the June 16 issue.

The overall winner was Mary Grace Manansala. The first runner-up was Arlene Cabio, the second runner-up was Rowena Lazaro, and the third runner-up was Caitlyn Ocampo.

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'The Road to Jihad'

RDML Harry Harris, Commander Joint Task Force (JTF) Guantanamo, will present 'The Road to Jihad,' on Thursday, July 6, 6 p.m., in the Locke Auditorium at Bulkeley Hall.

The brief is open to the general base population, but all who attend must be U.S. citizens. Base badges will be checked at the door.

'The Road to Jihad' is an unclassified brief on the JTF mission, and an inside look 'behind the wire.'

Sailor returns from duty in Afghanistan

By MC1 Robert Lamb, Naval Station Public Affairs

Navy Intelligence Specialist Third Class Benjamin Kongesor recently returned to Guantanamo Bay from a six-month tour of Kabul, Afghanistan, serving with Combined Forces Command Afghanistan.

When the Gazette reported on Kongesor's departure in the Nov. 25, 2005, issue, he was looking forward to the assignment. He believed that the knowledge and training that the Navy had given him up to that point would be useful when he arrived in-theatre.

Kongesor left GTMO in November 2005 for Fort Benning, Ga., for initial combat training before heading to Afghanistan. He said it was quite an adjustment for a Sailor who only had a couple of years in the Navy.

After arriving in Afghanistan, he lived in a tent for his first two months, that was home to approximately 30 other servicemembers, all carrying M-16 rifles as part of their daily routine. He said isolated instances of rocket fire now and then kept them all on their toes, but nothing happened to be completely alarmed about.

Talking about his experiences there, he said the one thing he never took into consideration before arriving in Afghanistan was the 'air' quality.

"They burn anything they can to keep warm," Kongesor said. "They burn tires and anything else they can get their hands on. The air was filled with smoke and your lungs were starving for fresh air. That was the worst. The air quality is so dry and polluted, you feel like you are living in a coal mine."

The command he was attached to was responsible for gathering strategic intelligence information on insurgent forces for joint regional commands based all over Afghanistan.



Photo provided by IS3 Ben Kongesor

IS3 Kongesor spent time helping out local Afghan children while serving in support of OIF.

Kongesor spent almost six months, working 16 to 17 hours a day, gathering and deciphering information to help coalition forces stabilize conditions in Afghanistan.

Working, a trip to the gym, and off to sleep was his daily routine.

The temperatures when he arrived in-theatre varied from around 20 degrees at night to 40 degrees in the morning. Not so strange to a young man who grew up in New York. Before he would depart the temperatures would reach well into the 90s.

About once a week, the servicemembers he worked with would conduct community relations visits to nearby villages and refugee camps. They would travel about an hour away from camp, preferably without any of the villagers knowing they were coming (security concerns), and delivered whatever supplies they could.

"It was hard keeping our arrival a secret," said Kongesor. "Village elders tried to help organize the chaos of what was about to happen as much as they

could, but when you're in need that much, organization seems to be an afterthought.

"When it's cold and mothers need to keep their families warm, somehow the word gets out extremely quick, and the people start to swarm and take what they can," he added. "We brought blankets, comforters, pots, pans, pens, paper, heaters, toys and food. The poor in America have no idea. They can't even imagine what poor is. People are walking around without shoes, their feet blackened from the dust and swollen from frostbite.

"They live in very thinly draped tents with very little food. They're in so much need it's incredible. They don't have anything you need to survive."

Although Kongesor was 'volun-told' to deploy to Afghanistan late last year, he returns to GTMO with the same positive attitude about the military he had when he left, now with a little more experience under his belt.

"The best thing about deploying is the friendships that you make with others and the bonds that you make. When you work 16 or 17 hours a day, and live side-by-side, you tend to make friends quickly," he said.

"Professionally, I haven't worked harder since coming in the Navy. You learn your job very quickly. Personally, I enjoyed working with the other service members. Because we worked side by side, I've gotten to see where they are coming from, and I can relate to them better now. I would do it again in heartbeat."

Kongesor leaves GTMO in September. He will attend advanced training in Virginia, then head to his next duty assignment, the Naval Special Warfare Command in Little Creek, Va.

Motorcycle Safety Training



July 16 - 21



To enroll in the course, contact the Safety Office at 4529 or 4526.

JTF personnel, please contact CWO4 Geller at 9948.

Joint effort improves quality of life

By MC1 Robert Lamb, Naval Station Public Affairs

The new Cuzco Barracks - the trailers constructed behind the Gold Hill Galley - have been turned over to the Joint Task Force, and its new residents will soon be moving in.

The project was intended to improve the quality of life for servicemembers stationed at the detention facility.

"This project has involved cooperation from many different commands and companies around the base," said ENS Joseph Wignarajah, Asst. Resident Officer in Charge of Construction (ROICC). "Joint Task Force Engineering, J-6, J-4, Prime Projects International, NAVSTA ROICC, Burns and Roe Utilities, Base Communications and Phoenix Cable have all put significant effort into this project."

According to Army Sgt. Maj. David Hare, Camp America Commandant, a lot of the specifications regarding the barracks came straight from the top of the Joint Task Force

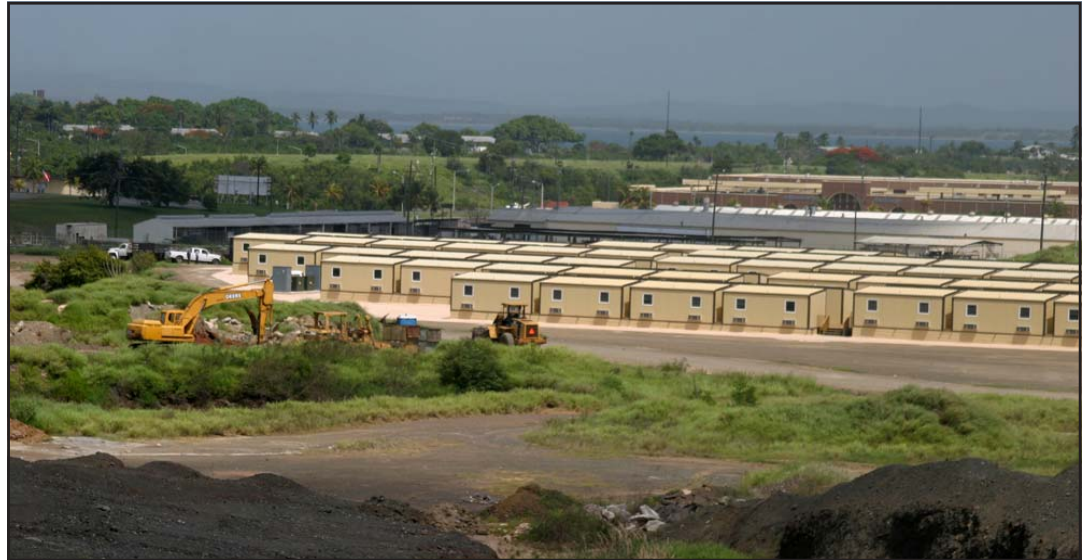


Photo by MC1 Bob Lamb

Joint Task Force servicemembers can apply for occupancy at Cuzco Barracks by requesting it through their respective commands.

chain of command.

"Army Command Sgt. Maj. Angel Febles, the JTF Chief of Staff, and other leaders were very instrumental in the overall selection of how these units were to be used," said Hare. "We have set aside a number of residences for married

couples in JTF and for Troopers who work on that side of the island."

Hare said they then opened the new barracks to anyone who wanted to move there, E-3 and above.

"There are a few E-6s and E-7s who just wanted to be there because it's close to a number of things not readily available to them here at the camp," said Hare. "Examples would be the NEX, Downtown Lyceum and Columbia College."

Cuzco Barracks will provide berthing for more than 200 servicemembers. There are one- and two-bedroom suites in each unit, with Coast Guard and Port Security Unit personnel moving in first.

The contractor, Prime Projects International (PPI), a Dubai-based firm, owns the units and is leasing them to the Navy for one year with an option for additional years.

Modifications to the grounds that surround the barracks and other amenities will happen later.

"The troops will be able to set up internet, phone and cable hook-ups just like other base residents," replied Wignarajah. "This project will greatly improve the quality of life for the troops deployed to GTMO."

"Right now we are rehabbing two laundry spaces to be used there," added Hare.

Because servicemembers are moving into the new barracks away from Camp America, this opens up room for Troopers inside Camp America as well.

"Servicemembers who aren't moving to the new barracks will feel the effects too. It will free up space in the other housing areas where the troops live now also," said Wignarajah.

Quality of life issues are major concern throughout the station, whether the people are attached to the Naval Station or to the Joint Task Force.

Officials say that the new units were not set up to improve the housing footprint on the station, just to improve the living conditions for personnel assigned to JTF.



INDEPENDENCE DAY Sailing REGATTA

Hunter 170 Class
~ Open Division ~

July 1, 2006

At the MWR Sailing Center
Events starts @ 1000

Trophies and prizes

Please register in advance
Late entry on-site registration @ 0900

Music, Refreshments, Food, Ice Cream and more...

Call 2345 for information or registration






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Teen Center lines-up summer events

By MC1 Igo Wordu, Naval Station Public Affairs Office

As summer time gets into full swing, and school is over, the Oasis Teen Center has arranged a number of events to keep teens at Guantanamo Bay occupied.

GTMO child youth development manager, Terrill Hill, said MWR Child and Youth Program is sponsoring these events in conjunction with Boys and Girls Club of America.

The Teen Center wants to ensure that local teens will have an eventful and fun-filled summer.

Line-up of activities includes: kayaking, snorkeling, and building computers.

"Many will be traveling to the states for vacation, but for those who will be remaining in GTMO, we wanted them to have an opportunity to be engaged in lots of exciting and super-challenging experiences," said Hill.

Hill believes the activities will stimulate and cultivate creative thinking, coping and time management skills that the teens will use for the rest of their lives.

"These activities will benefit the teens a great deal," said Hill. "As you know, adolescence can be a very challeng-



Photo by Trecia Anderson

Matthew Devine and Lindan Grant take part in a Teen Center fishing trip, June 26. The Oasis Teen Center organizes lots of fun, and learning activities for area teens.

ing time, and being here in GTMO presents its own challenges for the teens here. I really think that the more activities that we provide for them, the more likely that they are to see the true benefits of being on this base."

All teens wishing to participate in the summer events must be registered at the teen center.

"This is a fairly easy procedure," said Hill "Trecia Anderson, the Teen Center Coordinator, can assist teens with this process. There is no fee for registration, and all activities are free to registered

teens."

Hill said the age limit for the activities varies and will be posted on individual event flyers. Those interested in taking part in individual events can also contact the teen center to verify the age limit for each activity. Any materials that are needed for the activities will be provided by the teen center. "We are hoping that area teens will take advantage of the many opportunities that we will provide this summer. I think that the teens will particularly enjoy – the Amazing Race, and The Slime-teen Challenge," said Hill.

Oasis Teen Center summer schedule

- July 6: Snorkeling, 1 - 3 p.m.
- July 17: Building computers, 1-3 p.m.
- July 20 - 21: Free computer check-up, 1 - 3 p.m.
- July 28: Picnic at Hospital Cay, 1 - 3 p.m.
- July 29: Pool Party, 8 p.m - midnight
- July 31: Pool Tournament, 1 - 3 p.m.
- Aug. 8, 9, & 10: Amazing Race
- Aug. 14-18: Bowling Tournament, 1 - 3 p.m.
- Aug. 25 : Back-to-school dance
- Aug. 26: Nickelodeon Family-Fun Day



For more information, call the Oasis Teen Center at 2096.

Jamaica Independence bowling contest



Photo by MC2(AW) Honey Nixon

Nadine Clark, a contestant at the Jamaican Independence Committee's Bowl-for-fun tournament, goes for a 'strike' during the contest held at Marblehead Lanes, June 24.



Photo by Christie Devon

Sharon Andrew is congratulated by Everton Hylton after she won the women's "High game series."



Photo by Christie Devon

Everton Hylton congratulates Leroy Graham as the men's "High game series" winner.

Worship Services

Catholic

Catholic Mass (Main Chapel)
 Tuesday-Friday, noon
 Daily Mass (Cobre Chapel)
 Confession, Saturday, 4 p.m.
 Vigil Mass, 5 p.m.
 Sunday Mass, 9 a.m. (Cobre Chapel)
 Eucharistic Adoration, daily 24 hrs.

Protestant

Sunday
 Sunday School, 9:30 a.m.
 Sunday Services, Main Chapel, 11 a.m.
 Children's Sunday School, 11:30 a.m.
 Gospel Worship Service, 1 p.m.
Monday
 Prayer Group, 6 p.m. (Fellowship Hall)
Wednesday
 Men's Fellowship, 6:30 p.m. (Fellowship Hall)
 Gospel Bible Study, 7:30 p.m. (Sanctuary A)
Thursday
 PWOC - 6:30 p.m. (Fellowship Hall)
 Sunday, Protestant Liturgical Service, 10 a.m. (Sanctuary B)

Church of Jesus Christ of Latter Day Saints (Sanctuary A)

Monday, Family Home Evening, 7 p.m. (m. 8)
 Sunday Sacrament, 9 a.m.

Filipino Christian Fellowship (Sanctuary A)

Sunday Worship, 7 p.m.

Iglesia Ni Cristo (Sanctuary B)

Bible Study, Thursday, 7 p.m.
 Sunday Worship, 5:30 a.m.

Pentecostal Gospel Temple (Sanctuary D)

Sunday Worship, 8 a.m. & 5 p.m.

Seventh Day Adventist (Sanctuary B)

Prayer Meeting, Tuesday, 7 p.m.
 Vesper Meeting, Friday, 7 p.m.
 Sabbath School, Saturday, 9:30 a.m.
 Divine Service, Saturday, 11 a.m.
 Bible Study, Saturday, 4:30 p.m.

Islamic Service (Sanctuary C)

Friday Worship, 1:15 p.m.

United Jamaican Fellowship

(Bldg. 1036, next to Phoenix Cable)
 Sunday Service, 11 a.m. & 6:30 p.m.

Shabbat Service

Second Friday of the month, Rm. 11, 7:30p.m.

Jamaica's Independence Day Celebration



The 45th anniversary of Jamaican Independence will be celebrated on Sat., Aug. 5, at Phillips Park.

The Jamaican Independence Committee has announced that virtuoso Reggae violinist, Mark Stephenson, will perform.

Another confirmed performer will be Unique Vision, a Reggae show band, which has thrilled audiences in the Caribbean and around the world since 1997.

For people more attuned to the visual arts, there will be feature performances by Sir Daps, a contortionist, and Rico the Fire-Eater, as well as other dancers.

Single-parents series begins in July

By Corelle Street, special correspondent

The first of a series of single-parent meetings will be at the Community Center, July 8, at 3 p.m.

The initial meeting will function as a meet-and-greet for single parents and their children, as well as a means for discussing the needs of the single parent. This is the initial meeting for the group, with the hopes of it becoming a monthly occurrence.

The purpose of these meetings is to provide a network for

single parents around the base and to address issues and areas of concern specific to being a single parent.

The group is open to any mother or father who is a single parent. Whether married or separated, by definition, you are a single parent if you are *physically* raising your child or children by yourself.

Guest speakers have been arranged for future meetings to provide information on topics such as: parent education; dis-



cipline; dealing with stress; coping with

sibling rivalry; and much more.

Each meeting will be an hour or so, and the group is informal, so please come dressed comfortably.

For more information, please contact Corelle Street at 75692 or email at Corelle.j.street@gtmo.med.navy.mil.

'Bash' promotes October's Navy Ball ...

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ting was unbelievable and the dancing afterwards was great too."

The Pre-Navy Ball Bash helped raise awareness in the community about the Navy's impending birthday, which promotes and preserves Navy traditions and culture.

"One of the reasons the Navy Ball is so important for the command is that we get a chance to celebrate our history and traditions," Saxton

said.

The formal Navy Ball will take place Saturday, Oct. 20, at the Windjammer Ballroom followed by an informal Navy Beach Ball at Ferry Landington

Oct. 21.

For more information on the Navy Ball or to volunteer to be on one of the internal committees, call 77633 or 4721.



Line-dancing was a big favorite at the 'Bash.'

Scuba diving regulations

In accordance with COMNAVBASEGTMOINST 1711.1, Junior divers must "buddy" with one of the following on all non-certification dives: (1) Instructors; (2) Assistant Instructors; (3) Dive Masters; (4) certified parent or guardian diver.

The Senior Navy Diver (ext. 4444) must approve all dives, certification as well as non-certification dives, to a depth greater than 100 feet.

Navy raises tuition assistance limits for Sailors

By Joy Samsel, Naval Education and Training Command Public Affairs

To assist Sailors in their pursuit of higher educational goals, as well as certifications and qualifications associated with their Navy career field, the U.S. Navy is raising the limits on Tuition Assistance (TA) available to all active duty members (officer and enlisted). They are now eligible for 100 percent of tuition costs, up to \$250 per semester hour (SH), and up to 16 SH per fiscal year, an increase from the previous limit of 12 SH.

"Sailors in today's Navy need to be highly motivated and educated professionals," said Vice Admiral Kevin Moran, commander, Naval Education and Training Command.

"The critical thinking skills developed through higher education are essential elements to the success of Sailors in the 21st century. It is our job to provide the opportunities for these highly valued and committed individuals to grow and develop in the Navy. All our programs must be responsive to this new Sailor, including Voluntary Education."

According to a Navy message sent to the Fleet June 9 (NAVADMIN 166/06), TA will remain at 16 SH throughout FY-07 and use will be closely monitored by NETC. If the rate of overall TA expenditures cre-



ates a danger of running out of funding prior to the end of the fiscal year, NETC may impose management controls and priorities to ensure that academic planning is not disrupted. Funding controls may include limiting TA requests over 12 SH to courses tied directly to degree completion.

"In addition to TA, the Navy College Program has two other significant programs to help Sailors earn a college degree," explained NETC Force Master Chief (SW/AW/SS/PJ) Mike McCalip. "A visit to the local Navy College Office (NCO) is a logical first step for Sailors to learn about what is available to them, from the wide variety of college level examinations, to the Navy College Program for Afloat Education (NCPACE). The Defense Activity for Non-Traditional Education Support (DANTES) Examination Program, the College Level Examination Program (CLEP)

and the DANTES Subject Standardized Tests (DSST) program offer testing opportunities that can help Sailors to take advantage of knowledge they already have and accelerate their progress toward degree completion."

McCalip said through these programs and others, Sailors can take tests in a variety of subjects and receive recommended college credit for each test successfully completed. There are also several college admission tests given through the NCOs, including the Scholastic Assessment Test (SAT), the (ACT) Assessment Program. The Graduate Record Exam may be taken at certain testing sites off-base and DANTES will reimburse the Sailor for the cost of the test. The Sailor must personally fund the test administration fee.

NCPACE is an important program for Sailors afloat offering both academic skills and college (undergraduate and graduate) courses.

McCalip said "NCPACE gives Sailors the opportunity to experience challenging education while on sea duty assignments preparing them for personal and professional growth." He added that Sailors should take advantage of this program to enable them to

continue to progress toward degree completion.

In August 2005 the Navy announced an educational initiative designed to encourage senior enlisted personnel to seek degrees to compliment their Navy training and experience. Beginning in fiscal year 2011, an associate degree or equivalent that is rating-relevant will be a prerequisite for advancement to senior chief petty officer for active and Reserve personnel.

Navy NAVADMIN 203/05 outlines this senior enlisted education initiative. To be eligible for advancement to senior chief petty officer for the FY-11 selection board and beyond, Sailors must earn rating relevant associate degrees from an accredited institution. To review the list of rating relevant degree options from the Navy College Program Distance Learning Partnerships access the Sailor/Marine Online Academic Advisor (SMOLAA) via <https://smart.navy.mil/smart/welcome.co> or via Navy Knowledge Online at www.nko.navy.mil.

"The Navy values education," said Moran. "Pursuing a college certificate or degree during off-duty time develops important characteristics such as time management and critical thinking. It enhances competencies in verbal, written and mathematical skills. Education is and will continue to be a key factor in the personal and professional development of our Sailors and Navy leadership is committed to providing financial assistance to all active duty Sailors as they pursue their educational goals."

For more information on the Naval Education and Training Command, visit <https://www.netc.navy.mil>.

Stephenie's Manhattan returns to GTMO

Stephenie's Manhattan is scheduled to return to Guantanamo Bay July 2 - 7.

Area women are invited to make appointments to be pumpkin-peeled, waxed, and papaya-masked.

Stephenie will use her artistic skills, applying permanent make-up to brows and eyes.

Treatments will take place at the Windjammer Club, second floor.

To make an appointment, or for more information, call 2193.



Navy personal data found on civilian web site

From Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) — Personal information on more than 30,000 Navy Sailors and family members discovered on a civilian Web site in June provided data on personnel who were stationed in areas affected by Hurricane Katrina in 2005.

The Chief of Naval Personnel was notified June 22 that an open Web site contained five spreadsheet files with personal information, including the name, birth date and social security numbers of several Navy members and dependents.

The Naval Criminal Investigative Service (NCIS) is investigating how the information was obtained, why it was posted, and how long the information was on the Web site.

The Navy continues to notify individuals who were affected, and the Navy Personnel Command (NPC) call center in Millington, Tenn., is manned 24 hours a day to assist Sailors and their families.

The NPC call center number is 1-866-U-ASK-NPC (1-866-827-5672).

Letters were mailed to all 30,618 service members and their families affected by the data loss. In addition, information on how to watch for suspicious activity on personal accounts is posted on the NPC Web site - www.npc.navy.mil.

There is no evidence that any of the data has been used illegally thus far. However, individuals are encouraged to carefully monitor

their bank accounts, credit card accounts and other financial transactions.

The initial discovery was reported to the Navy Cyber Defense Operations Command, part of the Naval Network Warfare Command, by Joint Task Force Global Network Operations, a component of U.S. Strategic Command, responsible for directing the operation and defense of the DoD's global information grid.

Tips on how to watch for suspicious activity include closely monitoring bank and credit card statements for fraudulent transactions. Monitoring accounts online is the best way to detect fraud early.

Also, individuals can place a 90-day fraud alert on their credit report, which tells creditors to contact them before opening any new accounts or making any changes to existing accounts. This action may cause some delays if trying to obtain new credit.

Individuals only need to contact one of the three companies:

Equifax (www.equifax.com), Experian (www.experian.com), or Trans Union (www.transunion.com) to place an alert. Each company is required to contact the other two.

After creating the fraud alert, individuals are entitled to free copies of their credit reports. Individuals should review these reports for inquiries from companies they haven't contacted or accounts they didn't open.

Those finding fraudulent accounts or transactions should contact the involved financial institution to close the fraudulent accounts or accounts that have been tampered with; file a report with your local police department; and file a complaint with the FTC

Additional information is located on the NKO Web site: Course Title - Identity Theft and Catalog Code-FS0406_ENG Log into NKO, click the 'Learning Tab,' click E-learning Auto-Logon Gear link, click advanced search, under course title enter 'Identity Theft,' enroll and begin training.

SGLI premium rate change

From the U.S. Department of Defense

Effective July 1, the monthly premium rate for basic Service Members Group Life Insurance (SGLI) will increase by 5 cents per month for each \$10,000 of coverage, from 65 cents per month per \$10,000 to 70 cents per month per \$10,000. On the same date, Family SGLI premiums will decrease across the board.

The most recent SGLI premium change occurred in July 2003 when the monthly premium rate for basic SGLI was reduced from 80 cents per \$10,000 of insurance to 65 cents per \$10,000. That change was made to reduce surplus reserve funds in the program. A small increase in the SGLI premium rate is now necessary for the program to remain in sound financial condition, while covering the cost of peacetime claims. It is important to note that the cost of wartime SGLI claims is borne by the uniformed services, not by service members.

As a result of this increase,

members who have the maximum \$400,000 of SGLI coverage will see their monthly SGLI deduction from service pay increase by \$2 a month, from \$27 to \$29, beginning with their July 2006 pay. This monthly SGLI premium includes a \$1 per month charge for Traumatic Injury Protection coverage, which took effect Dec. 1, 2005 and provides payments of up to \$100,000 for serious traumatic injuries.

Also effective July 1, 2006, Family SGLI monthly premium rates will be reduced for all age groups by an average of 10 percent. The new rates reflect better-than-expected claims experience for each age group in the Family SGLI program. The current and revised premium rates are shown in the table posted at www.defense.link.mil/releases/2006/nr20060614-13247.html.

For more information about VA life insurance programs, visit www.insurance.va.gov.

U.S. Embassy announces non-immigrant visa processing times

From the U.S. Department of Defense

The Non-Immigrant Visa Unit of the Consular Section of the United States Embassy in Jamaica wishes to remind applicants of visa processing times, which can be found on the U.S. Department of State website at http://travel.state.gov/visa/temp/wait/wait_2018.html.

The typical processing time required to issue a visa is three business days after the applicant's appointment.

Applicants who have been issued non-immigrant visas should not plan to travel until four business days after their interview.

Applicants traveling to

Kingston from the Cayman Islands or Guantanamo Bay, Cuba also have their visas processed in the same manner as applicants residing in Jamaica, and should not make onward travel plans until at least four business days after their interview.

The U.S. Embassy also wishes to encourage all non-immigrant visa applicants to make their appointments early, as the summer months are usually very busy.

Applicants may schedule interviews directly on-line at the Embassy appointment booking page, <http://210.177.22.41/kingston>.

Downtown Lyceum

Friday, June 30

Hoot

8 p.m., PG, 90 min.

Stick It

10 p.m., PG-13, 105 min.

Saturday, July 1

Cars

8 p.m., G, 116 min.

Mission Impossible 3

10 p.m., PG-13, 135 min.

Sunday, July 2

The Sentinel

8 p.m., PG-13, 108 min.

Monday, July 3

Hoot

8 p.m., PG, 90 min.

Tuesday, July 4

Benchwarmers

8 p.m., PG-13, 85 min.

Wednesday, July 5

Mission Impossible 3

8 p.m., PG-13, 135 min.

Thursday, July 6

Silent Hill

10 p.m., R, 125 min.



Hoot

Comedy, Kids/Family, Adaptation

Cast: Luke Wilson, Logan Lerman, Brie Larson, J.R. Tim Blake Nelson, Cody Linley

Storyline: When a Montana boy moves to Florida and unearths a disturbing threat to a local population of endangered owls, three middle-schoolers take on greedy land developers, corrupt politicians, and clueless cops.



Mission Impossible 3

Action/Adventure, Sequel

Cast: Tom Cruise, Philip Seymour Hoffman, Ving Rhames, Billy Crudup

Storyline: Super-spy Ethan Hunt (Tom Cruise) has retired from active duty to train new IMF agents. But he is called back into action to confront the toughest villain he's ever faced - Owen Davian, an international weapons and information provider with no remorse and no conscience. Hunt assembles his team to travel the globe pursuing Davian and rescue Hunt's love, Julia.

MWR Independence Weekend Activities

June 28 - July 5: Art show at the Bayview. FMI, call 75604.

July 1: Sailing Regatta at the Marina, begins at 10 a.m. FMI, call 2345.

July 1: @ 1300 Dodge ball tournament at the base gym, 1 p.m. FMI, call 2193.

July 1: and 1800 One-pitch softball tournament at Cooper Field, 6 p.m. FMI, call 2193.

July 2: Paintball tournament, 5-on-5 X-Ball, at Cooper Field, 1 p.m. FMI, call 2345.

July 2: Bowling Challenge at Marblehead Lanes. Entry fee is \$15. FMI, call 2118.

July 2: Miniature Golf Tournament at Denich Gym, 7 p.m. FMI, call 2193 or 2113.

July 2: Tess's Funny Honey's Comedy Tour (adults only) at the Windjammer Club, 9 p.m.

July 3: Skateboarding competition at the Teen Center Skate Park, 6 p.m. FMI, call 2096.

July 3: Tess's Funny Honey's Comedy Tour (adults only) at Club Survivor, 8 p.m.

July 4: Independence Day 4-Miler Run, begins at Denich Gym at 6 a.m. FMI, call 2193 or 2113.

July 4: Scavenger Hunt, open to all military and DoD personnel. Begins at 11 a.m. from the Deer Point Liberty Center. FMI, call 2010.

July 4: Independence Day Celebration Carnival, at the Sailing Center, 5 p.m. FMI, call 2345.

July 4: Independence Day Celebration begins at the Bayview Club, Tiki Hut and the Jerk House, 6 p.m.

July 4: AFE Band, Jag Star, begins at the Bayview Club, 7 p.m.

July 4 Fireworks show, 9 p.m., best seen from the Bayview Club, Tiki Hut and the Jerk House.

July 6: Tess's Funny Honey's Comedy Tour (adults only) at the Windjammer Club, 9 p.m.

Safety: A day on the water can be fun, or fatal

By Jack Stewart, Naval Safety Center Public Affairs

Picture yourself on a beautiful Pacific island: The sun is shining, the temperature is perfect, and the ocean water invites you to enter.

Three Sailors had found their little spot of heaven on earth on one of those Pacific islands. The day was just what travel agencies advertise. Life just couldn't get any better.

They then decided to go snorkeling. A reef only was about 100 feet from the shore, and it seemed like the ideal place to get a closer look at the undersea side of paradise.

Only one Sailor returned from the reef alive. Rescuers found one victim in the water, but their resuscitation efforts were unsuccessful. The second victim's body washed ashore a

few days later. What went wrong? The victims were caught in a rip current that paralleled the shore and couldn't escape its force to reach the beach.

In another instance, a PO2 on terminal leave went on a hiking excursion with his younger brother and an uncle. Only the uncle returned.

The trio was visiting an area they had frequented since childhood. Problems arose when the younger brother entered a swimming hole and was pulled under by strong currents. The PO2 jumped in to save him and also was pulled under. Park rangers recovered both victims' bodies.

Whether you're swimming in a lake, river, or ocean, fol-

lowing some basic rules will make the activity fun, not tragic:

- Learn to swim.
- Whenever possible, swim at a lifeguard-protected area.
- Never swim alone.
- Stay away from piers and jetties.
- Make sure water is deep enough before diving headfirst.
- Always keep an eye on children.

If caught in a rip current, follow these procedures:

- Remain calm.
- Never fight against the current.
- Think of it like a treadmill that cannot be turned off; you need to step to the side of it.
- Swim out of the current in a direction following the

shoreline. When out of it, swim at an angle toward shore.

— If you can't escape the current, draw attention to yourself by waving your arms and yelling for help.

The American Red Cross has an excellent website covering a wide variety of water-safety tips. View their website at: www.redcross.org/services/hss/tips/healthtips/safetywater.html.

For information on rip currents visit the National Weather Service's website at: www.ripcurrents.noaa.gov/tips.shtml.

The Naval Safety Center website has additional safety information on a variety of water activities at: safetycenter.navy.mil/toolbox/swimming/default.htm.

GTMO Shopper

For Sale

- (2) Motorola V66 GSM cell phone, new in box, \$100. FMI call 73890 AWH or 78278 DWH.
- (2) Medela breast pump, like new, \$120; Graco stroller, \$25. FMI call 77649.
- (2) Casio full-size keyboard, \$50; 8-ft.X10-ft. white rug, brand new, \$40; Dawes road bike w/extra tubes, tires and pump, \$150. FMI call 77912.
- (2) Entertainment center, \$50; coffee table w/matching side tables, \$75; computer desk, \$30. FMI call Carol at 74333 DWH or 77841 AWH.
- (2) Sofa, full size w/queen fold-out bed, off-white, good condition, will deliver, \$75 OBO. FMI call 77729.
- (1) Potted Serrano chili peppers, \$3; potted Roma tomato plants, \$2 each, LG \$3 each; potted green bell peppers, \$2. FMI call Margaret at 77614.
- (1) Green leather couch, loveseat, and chair w/ottoman, excellent condition, \$550; light brown suede couch w/loveseat and ottoman, excellent condition, \$800. FMI call 77465.
- (1) Washer and drier combination, good condition, \$100; small barbecue, \$20; LG blow-up pool,

\$10; V66 GSM cell phone, \$75. FMI call Rob at 75590 AWH or 2630 DWH.

(1) Classic "Pooh and His Honey Pots" nursery set w/crib bumper, headboard and quilt, \$30; hot pink butterflies comforter set, queen size w/shams and bedskirt, \$15; infant girl's clothing, 9 - 14 months, 2 pair of shoes, \$15; girl's summer clothes, 4T- 6T, 2 pair of shoes, \$15; Cosco infant car seat w/base, \$15. FMI call 75869 AWH.

Vehicles/Boats

- (2) 16.5-ft. MFG boat, new paint, new 100-hp motor, lots of extras, \$2,500 OBO. FMI call 77466.
- (2) 2001 Town and Country minivan, \$11,000. FMI call 77390 AWH or 72293 DWH.
- (2) 2001 PT Cruiser, runs great, AC, \$11,000. FMI call Sonny at 77841 or Carol at 74333 DWH.
- (2) 1998 Chevy Cavalier, black w/ grey interior, tinted windows, AC, great condition, \$4,000 OBO. FMI call Brandy at 77978 AWH or 2939 DWH.
- (2) 1996 Toyota Camry LE, AC, CD, power windows w/locks, excellent condition, \$4,900 OBO. FMI call

2649 DWH or 78060 AWH.

- (1) 1997 Dodge Dakota, excellent condition, low mileage, CD, available July 15, \$5,000 OBO. FMI call 77145 DWH or 2153 AWH.
- (1) 2003 TLR 1000 motorcycle, accessories included, \$2,500 OBO. FMI call AWH 77750 or DWH 4105.
- (1) 18-ft. center console boat w/ trailer and 50-hp. Johnson motor, great condition, includes fishing gear, rod combos, and tackle box, \$5,500 or add a 5-hp. trolling motor, \$6,200. FMI call 75775.

Employment

- (1) Human Resources Office announces the following vacancies: SAVI Program Coordinator, closes June 30; Budget Technician, closes June 30; Medical Records Technician, closes June 30; Supply Technician, closes July 3; Supervisory General Supply Specialist, closes July 3; Office Automation Clerk, closes July 5; Medical Records Technician, closes June 30; Office Automation Asst., closes July 10; Social Services Aide, closes Dec. 29. FMI call 4441.

Announcements

- (1) The ITCA will hold its next business meeting July 3 at 5:30 p.m. at the Marine Hill Training Room. All hands are welcome to attend.
- (1) Starting July 1, the Cert. Testing Center will be open to the public. The center is located behind the Marine Hill Gym in the Marine Training Room. The center will be open every Saturday from 9 a.m. to 5 p.m.
- (1) The Youth Center's Summer Camp program will hold an Aquatic Fusion Extravaganza July 3 - 7 at the Youth Center. FMI call Rachel Simpson at 74658.

Wanted

- (2) Will pay cash for fishing/pontoon boat. FMI call Mike at 77977 or 2129.
- (2) Expert stereo installer wanted, will pay top dollar. FMI call 77198 or 90020.

Yard Sales

- July 1 — Villamar, #43B, 8 a.m. - noon.
- July 1 — Marine Site, #112, 7 a.m. - 11 a.m.

Things to do in GTMO...



Photo by MA1 Brian Newhouse

Car wash — *The NAVSTA First Class Petty Officers' Association appreciates Katreena Newhouse's help during the organization's car wash held June 25. Katreena has volunteered her time in numerous FCPOA car wash activities.*



Photo by MC1 Robert Lamb

Golf tourney — *The Yatera Golf Club held a golf tournament June 17. CMDM(SW/SS) Larry Cairo was the tournament winner. Second place went to GMC(SW/AW) Darryl Thomason, and third place went to HM2 Nate Charboneau. The longest drive winner was GMC(SW/AW) Darryl Thomason, and closest-to-the-pin winners were Bill Willey and Sandy Wilson.*



Photo by Audrey Chapman

Bench press — *Jason Wilkes lifts 315 lbs. during a power-lifting contest held at the base gym on June 24. Wilkes finished first while Clay Boon and Mike Decourcey finished second and third respectively.*



Photo by MC2(AW) Honey Nixon

Attend class — *Registration starts for Columbia College on Monday, July 10, for Early Fall Session. Local course schedules are available at the college office on Chapel Hill. Online course schedules will be available soon. To consolidate previous training and coursework, please schedule an appointment to see an academic advisor. For more information call 75555.*