



What is Uwill?

- Uwill is a behavioral health service specifically designed for college students. Uwill is contracted with Counseling & Psychological Services (CAPS) to increase access to timely mental health support for students in need.

Who can access this service?

- For the time being, Uwill is available to all registered UCSB students, regardless of insurance status.

What services are available?

- All students have access to credits, which can be used for a combination of chat messaging and 30-60 minute teletherapy sessions. If you have questions about accessing credits, please contact CAPS. Language abilities & extended appointment times may be available.

Does this limit my access to care on campus?

- No! As a registered student, you have access to campus services. You can access counseling 24/7 by calling CAPS at (805) 893-4411.

How do I access Uwill?

- Access to Uwill is granted by a referral from UCSB mental health campus providers, such as CAPS, Alcohol & Drug Program, and Social Work. After making an initial appointment with any provider and requesting a Uwill referral, visit app.uwill.com and register with your @ucsb.edu email.

If a situation involves a threat to self or others, please contact emergency services or go to the nearest hospital.

