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Exported from Wikisource on October 27, 2024

Thanksgiving after Holy Communion

When you have returned to your seat, try to reflect on the Sacred Mysteries you have just received, and give free expression to your devotion in your own words. The following prayers will be found very useful as aids to your sentiments of worship, thanksgiving, petition, etc.

MEDITATION OF SŒUR THÉRÈSE

HOW sweet it is, the first kiss of Jesus to my soul. Yes, it is a kiss of love. I feel I am loved, and I too say: “I love Thee, I give myself to Thee forever!” Jesus asks nothing of me, demands no sacrifice. Already for a long time past, He and I have watched and understood each other. This day our meeting is no longer a simple look but a fusion. No longer are we two. I have disappeared as the drop of water which loses itself in the depths of the ocean. Jesus alone remains: the Master, the King.

PRAYER OF ST. THOMAS AQUINAS

I RENDER thanks to Thee, O Lord, holy Father, everlasting God, Who hast vouchsafed, not for any merits of mine, but of Thy great mercy only, to feed me, a sinner, Thine unworthy servant, with the precious Body and Blood of Thy Son, our Lord Jesus Christ; and I pray that this Holy Communion may not be for my judgment and condemnation, but for my pardon and salvation. Let it be unto me an armor of faith and a shield of good purpose, a riddance of all vices, and a rooting out of all evil desires; an increase of love and patience,

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