# INSTRUCTIONS FOR USE DAYTRANA® (day-TRON-ah)

#### (methylphenidate transdermal system) CII

#### 1. DAYTRANA Dosing Chart

Each carton of DAYTRANA contains a DAYTRANA Dosing Chart to help you keep track of your DAYTRANA transdermal system (patch) including:

- when you apply patch to the skin on your hip each morning
- when you remove the patch
- how and where you threw DAYTRANA away

To use the DAYTRANA Dosing Chart, follow these instructions:

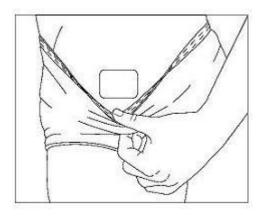
- Each day, when a new patch is applied to your hip, write down the date and time that you applied the patch.
- Use the DAYTRANA schedule below so you can decide when to remove the patch. For example, if the patch is applied to the skin at 6:00 a.m., remove the patch at 3:00 p.m. on the same day. After you remove and throw away the patch, write down the time you removed the patch and how and where you threw it away.
- If the patch you placed on your child is missing, ask your child:
  - when the patch came off
  - how the patch came off
  - where the patch is

## **DAYTRANA Schedule for 9 Hour Dosing**

If you put the patch on at:	On the same day, remove the patch at:
5:00 a.m.	2:00 p.m.
6:00 a.m.	3:00 p.m.
7:00 a.m.	4:00 p.m.
8:00 a.m.	5:00 p.m.
9:00 a.m.	6:00 p.m.
10:00 a.m.	7:00 p.m.
11:00 a.m.	8:00 p.m.
12:00 p.m.	9:00 p.m.

#### 2. Where to apply DAYTRANA

- Apply patch to your hip area. Do not put the patch near your waist. Clothing and movement may make your patch rub off (See Figure A).
- Use your other hip when you apply a new patch the next morning. Make sure there is no redness, small bumps or itching at the site where the patch is going to be applied.



### Figure A

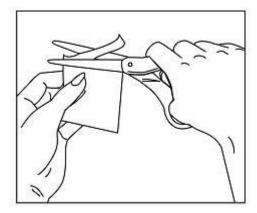
# 3. Before you apply DAYTRANA

Make sure your skin:

- Is clean (freshly washed), dry, and cool
- Does not have any powder, oil, or lotion
- Does not have any cuts and irritation (rashes, inflammation, redness, or other skin problems).

## 4. How to apply DAYTRANA

- Open the sealed tray or outer pouch and throw away the small packet (drying agent).
- Each patch is sealed in its own protective pouch.
- Carefully cut the protective pouch open with scissors, being careful not to cut the patch. **Do not use patches** that have been cut or damaged in any way (See Figure B).



### Figure B

- Remove the patch from the protective pouch.
- Look at the patch to make sure it is not damaged. The patch should separate easily from the protective liner. Throw away the patch if the protective liner is hard to remove.

DAYTRANA has 3 layers. The 3 layers are pictured below. The pictures show both sides of the patch:

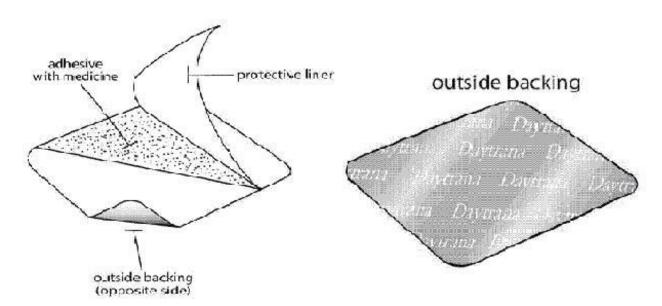
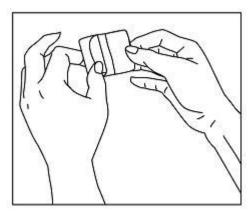


Figure C Figure D

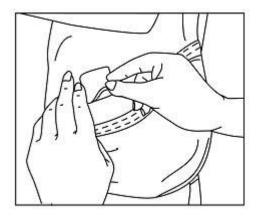
#### Layers:

- **Protective liner:** The protective liner is the layer that you remove before you put the patch on (See Figure C).
- Adhesive with medicine: The adhesive with medicine is the layer that sticks to your skin (See Figure C).
- **Outside backing:** The outside backing is the layer that you see after you put the patch on your skin. The word "Daytrana" is printed on this layer (See Figure D).
- Apply the patch right away after you remove the patch from protective pouch.
- Hold the patch with the hard protective liner facing you. The word DAYTRANA will appear backwards.
- **Gently** bend the patch along the faint line and **slowly peel** half the liner, which covers the sticky surface of the patch (See Figure E).



## Figure E

- Avoid touching the sticky side of the patch with your fingers.
- If you accidentally touch the sticky side of the patch, apply the patch, then wash your hands right away so that the medicine does not go into the skin on your hands.
- Using the other half of the protective liner as a handle, apply the sticky side of the patch to the selected area of the child's hip (See Figure F).



## Figure F

- Press the sticky side of the patch firmly into place and smooth it down.
- While you are still holding the sticky side down, gently fold back the other half of the patch.
- Hold an edge of the remaining protective liner and **slowly peel** it off (See Figure G).

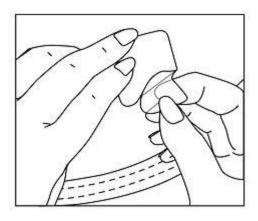
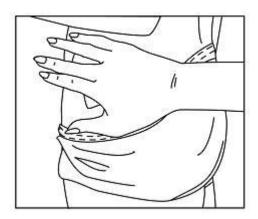


Figure G

• After the protective liner is removed, there should not be any adhesive (glue) sticking to the liner.



#### Figure H

- Press the entire patch firmly into place with the palm of your hand over the patch for about 30 seconds (See Figure H).
- Make sure that the patch firmly sticks to your skin.
- Gently rub the edges of the patch with your fingers to make sure the patch sticks to your skin.
- Wash your hands after you apply your patch.
- Write the time you applied your patch on the dosing chart on the carton. Use the dosing schedule so you know what time you should remove your patch.

## 5. How to remove and throw away DAYTRANA

- When you remove the patch, peel it off slowly. If the patch is too sticky on your skin and you need something to help you remove it:
  - o Gently apply an oil-based product (petroleum jelly, olive oil, or mineral oil) to the patch edges. Gently spread the oil underneath the patch edges.
  - o Apply an oil-based product or lotion to your skin if any adhesive (glue) remains after you remove your patch. This will gently loosen and remove any adhesive that is left over.
  - o If you still cannot easily remove the patch, ask your doctor or pharmacist about what to do for this problem.
- Fold the used patch in half and press it together firmly so that the sticky side sticks to itself. **Flush the used** patch down the toilet.
- Do not flush the protective pouches or the protective liners down the toilet. These items should be thrown away in a container with a lid.
- Wash your hands after you handle the patch.
- After you remove the patch and throw the patch away, write down the time on the dosing chart.

• Safely throw away any unused patches that are left over from the prescription as soon as they are no longer needed.

To safely throw away the patches:

- o Remove the leftover patches from their protective pouches and remove the protective liners.
- o Either fold the patches in half with the sticky sides together, and flush the patches down the toilet, or
- Dispose of remaining, unused, or expired DAYTRANA by a medicine take-back program at a U.S. Drug Enforcement Administration (DEA) authorized collection site. If no take-back program or DEA authorized collector is available, each unused patch should be removed from its individual pouch, separated from the protective liner, folded in half so that the sticky sides stick together, and flushed down the toilet. Put the pouch and liner in a container with a lid, close the container and throw away the container in the household trash. Do not flush the pouch and liner down the toilet. Visit www.fda.gov/drugdisposal for additional information on disposal of unused medicines.

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This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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