



Palmarès des Championnats LBFA

Toutes Catégories Outdoor

- record des championnats-

HOMMES

Année	nom	Club	Perf	Lieu	Année	nom	Club	Perf
100m					200m			
1982	Regaert D.	CABW	10.2	Gaurain Ramecroix	1982	Marichal R.	FCL	22.0
1983	Borlee J.	RCB	10.80	Naimette	1983	Marichal R.	FCL	21.95
1984	Henri Y.	SMAC	10.68	Naimette	1984	Cincinatis Y.	ESC	21.4
1985	Henri Y.	SMAC	10.3	Heyssel	1985	Borlee J.	RCB	21.5
1986	Helmous PY.	FCL	10.85	Gaurain	1986	Fruhling P.	RCB	22.09
1987	Grutman JM.	FCL	10.66	Woluwé St Lambert	1987	Zimmermann M.	ESC	21.5
1988	Branle D.	ARCH	11.24	Naimette	1988	Amery R.	ESC	22.08
1989	Branle D.	ARCH	10.82	Saint Mard	1989	Helmus PY.	FCL	21.79
1990	Amery R.	ESC	10.78	Nivelles	1990	Thomas S.	ESC	22.66
1991	Cooper X.	OSGA	10.74	Gaurain Ramecroix	1991	Zimmermann Michel	ESC	22.30
1992	Cooper X.	OSGA	10.62	Naimette	1992	Ruol D.	ESC	22.01
1993	Cooper X.	OSGA	10.65	La Louvière	1993	Bernard G.	RFCL	22.06
1994	Labie D.	OSGA	10.61	La Louviere	1994	Nsenga J.	CSF	21.34
1995	Bongelo	ACLO	10.56	Jambes	1995	Bernard G.	RFCL	21.70
1996	Bernard G.	RFCL	10.53	Forest	1996	Masson F.	RFCL	21.92
1997	Bongelo N.	CSF	10.73	Woluwé St Lambert	1997	Masson F.	RFCL	22.22
1998	Sekanyambo	ESC	10.60	Naimette	1998	Bernard G	RFCL	21.19
1999	Sekanyambo O.	ESC	10.51	Forest	1999	Ernst O.	RFCL	21.30
2000	Bongelo N.	CSF	10.33	Jambes	2000	Ferro A.	CSF	21.49
2001	Bongelo N.	CSF	10.38	Namur	2001	Ferro A.	CSF	21.79
2002	Sekanyambo	ESC	10.65	Namur	2002	Sekanyambo O.	ESC	21.63
2003	Ferro A.	CSF	10.58	Herve	2003	Gourmet F.	RFCL	21.38
2004	Broothaerts D.	RESC	10.70	Naimette	2004	Debaerdemaker X.	SMAC	21.49
2005	Bongelo N.	CSF	10.57	Gaurain	2005	Debaerdemaker X.	SMAC	21.85
2006	Debaerdemaker X.	SMAC	10.61	Nivelles	2006	Schoeps M.	UAFA	21.66
2007	Ferro A.	CABW		Jambes	2007	Borlée K.	WS	
2008	Louis JM	RFCL	10.80	Naimette	2008	Vervloet G.	RESC	21.71
2009	Broothaerts D.	BAEX	10.59	Nivelles	2009	Beurms J.	BAEX	22.13

2010	Watrin J.	DAMP	10.38	Naimette
2011	Watrin J.	DAMP	10.79	Herve
2012	Gourmet F.	DAMP	10.85	Nivelles
2013	Louis JM	RFCL	10.86	Herve
2014	Louis JM	RFCL	10.60w	La Louvière
2015	Broothaerts D.	RESC	10.93	Jambes
2016	Kapenda R.	SMAC	10.77	Nivelles
2017	Kapenda R.	SMAC	10.81	Nivelles
2018	Kola Biasu G.	SER	10.60	Naimette
2019	Otjacques R.	SMAC	10.76	Nivelles

2010	Watrin J.	DAMP	20.95
2011	Watrin J.	DAMP	21.71
2012	Watrin J.	DAMP	21.37
2013	Oyowé W.	USBW	21.67
2014	Buron L.*	RCB	22.23
2015	Muaka C.	WS	22.03
2016	Brunin C.	USBW	21.91
2017	Kapenda R.	SMAC	21.68
2018	Vanderbemden R.	SER	20.40w
2019	Brunin C.	USBW	22.19

400m

1982	Gelise J.	FCL	49.9	Gaurain
1983	Bomans E.	ESC	49.00	Naimette
1984	Renson T.	CABW	48.73	Naimette
1985	Renson T.	CABW	49.31	Heysel
1986	Brusten M.	WS	47.84	Gaurain
1987	Brusten M.	WS	48.20	Woluwé
1988	Borlee J.	RCB	48.23	Naimette
1989	Dhondt J.	ESC	48.60	Saint Mard
1990	Billouez V.	ACLE	48.82	Nivelles
1991	Brusten M.	RCB	48.36	Gaurain
1992	Melchior O.	CABW	49.55	Naimette
1993	Melchior O.	CABW	48.61	La Louvière
1994	Melchior O.	CABW	48.48	La Louvière
1995	Melchior O.	CABW	48.32	Jambes
1996	Duron D.	CABW	49.33	Forest
1997	Thieren P.	WS	48.77	Woluwé
1998	Thieren	WS	47.81	Naimette
1999	Strypstein O.	HUY	48.75	Forest
2000	Lumen C.	SMAC	49.79	Jambes
2001	Lumen C.	SMAC	48.91	Namur
2002	Bakrim M.	CSF	48.55	Namur
2003	Debaerdemaker X.	SMAC	46.92	Herve
2004	Lumen C.	SMAC	48.97	Naimette
2005	Ghislain A.	UAFA	48.70	Gaurain
2006	Ghislain A.	UAFA	48.32	Nivelles
2007	Froidmont A.	UAC	47.58	Jambes
2008	Ghislain A.	RESC	47.03	Naimette
2009	Ghislain A.	BAEX	47.51	Nivelles
2010	Destatte A.	BAEX	47.63	Naimette
2011	Gillet A.	RESC	46.94	Herve
2012	Ennamir M.	WS	48.10	Nivelles
2013	Pecceu D.	ACLO	47.51	Herve

800m

1982	Tyvaert A.	JSM	1.56.2
1983	Tyvaert A.	JSM	1.52.09
1984	Remy G.	CSF	1.51.41
1985	Hernst T.	SPA	1.52.95
1986	Wozny E.	CSC	1.50.95
1987	Wozny E.	CSC	1.51.02
1988	Wozny E.	CSC	1.53.62
1989	Mostosi Y.	CABW	1.52.82
1990	Lallemand R.	RFCL	1.54.16
1991	Bakrim M.	WS	1.52.05
1992	Baudinet J.	FCL	1.53.52
1993	Carpentier F.	SPA	1.50.55
1994	Desmedt F.	CABW	1.52.74
1995	Rigot D.	CABW	1.51.08
1996	Drosch D.	HF	1.52.70
1997	Carpentier F.	SPA	1.50.09
1998		ESC	1.53.21
1999	Dahin B.	CABW	1.51.86
2000	Dahin B.	CABW	1.52.32
2001	Dahin B.	CABW	1.54.95
2002	Vandiest M.	CABW	1.49.63
2003	Marrion G.	CABW	1.53.28
2004	Cellier A.	ARCH	1.56.20
2005	Cassart S.	DAMP	1.56.92
2006	Byl JC.	RCB	1.55.23
2007	Kahia J.	CSF	1.51.15
2008	Longerich R.	MALM	1.54.50
2009	Cardillo J.	RFCL	1.51.73
2010	De Cock D.	DS	1.54.06
2011	Balhan P-A.	SPA	1.51.30
2012	Debjani I.	CABW	1.52.47
2013	Maingain F.	RESC	1.54.48

2014	Pecceu D.	ACLO	47.4 M	La Louvière
2015	Vanderbemden R.	SER	46.83	Jambes
2016	Crestan E.	SMAC	48.51	Nivelles
2017	Badji A.	RESC	47.96	Nivelles
2018	Badji A.	RESC	47.46	Naimette
2019	Lins S.	RESC	48.03	Nivelles

1500m

1982	Rousseau V.	MOHA	4.03.3	Gaurain
1983	Rousseau V.	MOHA	3.49.59	Naimette
1984	Stevens E.	FCL	3.49.94	Naimette
1985	Strens O.	MOHA	3.50.82	Heysel
1986	Roose G.	SER	3.53.69	Gaurain
1987	Denis P.	CABW	3.52.90	Woluwé
1988	Dubois P.	USTA	4.15.07	Naimette
1989	Jacquemin P.	DAMP	4.02.30	Saint Mard
1990	Denis P.	CABW	3'56.74	Nivelles
1991	Collignon F.	HERV	3.56.01	Gaurain
1992	Vlasselaer R.	CABW	3.50.29	Naimette
1993	Jayankura M.	RCB	4.04.90	La Louvière
1994	Vlasselaer R.	CABW	3.53.95	La Louviere
1995	Azbi B.	WS	3.56.68	Jambes
1996	Desmedt F.	CABW	4.02.17	Forest
1997	Bouffioux E.	RFCL	3.48.72	Woluwé
1998	Desmedt F.	ESC	3.57.71	Naimette
1999	Vandiest M.	CABW	3.57.89	Forest
2000	Vandiest M.	CABW	3.46.86	Jambes
2001	Devel P.	HF	3.58.42	Namur
2002	Collot J.	BBS	4.01	Namur
2003	Konigs R.	HF	3.58.10	Herve
2004	Vandiest T.	RIWA	3.54.62	Naimette
2005	Vandiest T.	RIWA	3.55.84	Gaurain
2006	Vandiest M.	CABW	3.56.55	Nivelles
2007	Dewitte S.	RESC	3.55.59	Jambes
2008	Marrion G.	CABW	3.44.92	Naimette
2009	Marrion G.	CABW	3.52.53	Nivelles
2010	Moukrime T.	HERV	3.54.02	Naimette
2011	Moukrime T.	HERV	3.49.42	Herve
2012	Kahia J.	CSF	3.51.96	Nivelles
2013	Kahia J.	CSF	3.51.54	Herve
2014	Kahia J.	CSF	3.50.47	La Louvière
2015	Soughou Y.	RCAS	3.54.59	Jambes
2016	Soughou Y.	CSF	3.59.24	Nivelles
2017	Soughou Y.	CSF	3.58.73	Nivelles

2014	Cardillo J.	RFCL	1.55.01
2015	Kahia J.	CABW	1.57.57
2016	Draux A.	CABW	1.56.78
2017	Gillet J.	WS	1.57.33
2018	Delvoie M.	CSDY	1.54.37
2019	Cardillo J.	RFCL	1.54.66

5000m

1982	Devos R.	MOHA	14.58.3
1983	Rediger A.	FCL	14.49
1984	Malherbe A.	ESVR	14.39.79
1985	Malherbe A.	ESVR	14.18.5
1986	Malherbe A.	ESVR	14.32.34
1987	Boland JL.	VA	14.39.6
1988	Bonland JL.	VA	14.39.65
1989	Malherbe A .	HERV	14.31.67
1990	Malherbe A.	HERV	14.39.92
1991	Jacquemin P.	DAMP	14.57
1992	Nemeth C.	RCSC	14.43.51
1993	Fays G.	HERV	14.26.37
1994	Desmet F.	ESC	15.09
1995	Bouffioux E.	SMAC	14.48
1996	Desmet F.	ESC	15.03
1997	Ouamari A.	ESC	15.02.56
1998	Ouamari A	ESC	14.23.18
1999	Faveaux T.	ARCH	14.43.00
2000	Luyens Y.	RCB	14.49.40
2001	Theunis G.	FCHA	14.51
2002	Cloux Y.	RFCL	15.11
2003	Boudergui I.	CABW	15.12
2004	Boudergui I.	CABW	14.58
2005	Barbier B.	CABW	15.00
2006	Hernould F.	RUSTA	15.31
2007	Berrached M.	SMAC	14.44.96
2008	Devel P.	HF	15.06.2
2009	Barbier B.	CABW	15.02.46
2010	Hernould F.	BAEX	15.05.99
2011	Lejeune E.	DS	15.03.25
2012	Hernould F.	RESC	14.59.71
2013	Poncelet V.	CABW	14.58.18
2014	Maroye N.	CABW	15.16.49
2015	Poncelet V.	CABW	14.55.03
2016	Poncelet V.	CABW	15.03.28
2017	Darrazi Y.	CABW	15.00.27

2018	Kahia J.	ACLO	4.05.64	Naimette	2018	Merveille B.	CSF	14.56.00
2019	Delvoie M.	CSDY	4.03.36	Nivelles	2019	Poncelet V.	USBW	14.36.41

110m H

1982	Fridenbergs A.	SPA	14.2	Gaurain
1983	Lahaye Y.	FCL	14.43	Naimette
1984	Liegeois S.	FCL	14.59	Naimette
1985	Dawans P.	FCL	15.6	Heysel
1986	Da Silva J.	ESC	15.45	Gaurain
1987	Fridenbergs A.	SPA	14.55	Woluwé
1988	Marloye R.	SER	15.00	Naimette
1989	Liégeois S.	FCL	14.49	Saint Mard
1990	Da Silva J.	RCB	14.79	Nivelles
1991	Da Silva J.	RCB	15.11	Gaurain
1992	Da Silva J.	RCB	14.89	Naimette
1993	Decnop L.	SCA	14.83	La Louvière
1994	Decnop L.	SCA	14.75	La Louviere
1995	Nsenga J.	CSF	14.18	Jambes
1996	Massillon F.	SER	15.47	Forest
1997	Nsenga J.	CSF	13.85	Woluwé
1998	Asselman F.	ESC	13.97	Naimette
1999	Vandevelde F.	ESC	14.89	Forest
2000	Broothaerts D.	ESC	14.61	Jambes
2001	Nsenga J.	OCAN	14.12	Namur
2002	Nsenga J.	OCAN	14.27	Namur
2003	Broothaerts D.	ESC	14.19	Herve
2004	Nsenga J.	CABW	13.79	Naimette
2005	Nsenga J.	CABW	14.09	Gaurain
2006	Solot J.	SMAC	15.09	Nivelles
2007	Deghelt A.	SMAC	14.12	Jambes
2008	André A.	RFCL	15.55	Naimette
2009	Ruffacq Q.	DS	14.64	Nivelles
2010	Verstraelen T.	HF	14.42	Naimette
2011	Ruffacq Q.	DS	14.36	Herve
2012	Verstraelen T.	HF	15.18	Nivelles
2013	Ruffacq Q.	DS	14.29	Herve
2014	Crespeigne R.	CRAC	14.76	La Louvière
2015	Durant T.	CRAC	14.68	Jambes
2016	Ruffacq Q.	RESC	14.59	Nivelles
2017				Nivelles
2018	Caty D.	RESC	14.38	Naimette
2019	Ruffacq Q.	RESC	14.53	Nivelles

400m H

1982	Carbonez J.	RCB	54.0
1983	Zimmermann M.	ESC	50.86
1984	Dawans P.	SER	53.80
1985	Zimmermann M.	ESC	49.64
1986	Servais E.	USTA	53.69
1987	Servais E.	USTA	54.9
1988	Decors A.	FCL	54.33
1989	Quinten G.	CABW	55.05
1990	Vasseur D.	RUSTA	54.85
1991	Nsenga J.	OSGA	53.27
1992	Dollendorf M.	ESC	50.43
1993	Asselman F.	ESC	52.34
1994	Asselman F.	ESC	52.90
1995	Quinten G.	CABW	53.00
1996	Melchior O.	CABW	52.64
1997	Bruwier JP.	RFCL	50.85
1998	Bruwier JP.	RFCL	51.69
1999	Braibant R.	CABW	55.59
2000	Braibant R.	CABW	56.31
2001	Torben Nielsen R.	RFCL	55.06
2002	Naif N.	ESC	54.80
2003			
2004	Malki R.	SER	52.1
2005	Vervloet G.	RESC	54.80
2006	Abrighach M.	WS	54.45
2007	Abrighach M.	WS	53.10
2008	Baboni C.	MOHA	52.86
2009	Verstraelen T.	HF	53.23
2010	Verstraelen T.	HF	52.28
2011	Abrighach M.	WS	54.00
2012	Vervloet G.	RESC	54.01
2013	Ghislain A.	RESC	52.26
2014	Ghislain A.	RESC	51.89
2015	Verstraelen T.	HF	56.39
2016	Ghislain A.	RESC	50.59
2017	Mabille F.	CRAC	55.07
2018	Mazebo S.	ATH	53.67
2019	Jamli T.	WS	57.33

3000m steeple

1982				Gaurain
1983	Jayankura M.	CSF	9.04.8	Naimette
1984	Henrot N.	SMAC	9.16.66	Naimette
1985	Werion C.	EAH	9.13.4	Heysel
1986	Nopenaire F.	EAH	9.24.30	Gaurain
1987	Nopenaire F.	EAH	9.28.4	Woluwé
1988	Godefroid L.	LWA	9.18.76	Naimette
1989	Godefroid L.	LWA	9.27.4	Saint Mard
1990	Goderfroid L.	CABW	9.23.03	Nivelles
1991				Gaurain
1992	Liagre L.	CABW	9.24.00	Naimette
1993	Sollas E.	ACLO	9.18.84	La Louvière
1994	Dahmani A.	RFCL	9.19.50	La Louviere
1995	Vandercammen A.	RFCL	9.12.68	Jambes
1996	Ruysschaert D.	RIWA	9.33.80	Forest
1997	Denis P.	RCB	9.48.34	Woluwé
1998	Konigs R.	HF	9.39	Naimette
1999	Jacquemin P.	DAMP	8.58.45	Forest
2000	Sollas E.	CABW	9.22.88	Jambes
2001	Konigs R.	HF	9.37	Namur
2002	Rotheudt B.	HERV	10.24	Namur
2003	Bastin R.	SPA	9.55	Herve
2004	Romain T.	CSDY	10.20	Naimette
2005				Gaurain
2006	Robin A.	DAMP	9.52.65	Nivelles
2007	Hausman T.	DAMP	9.24.82	Jambes
2008	Grell F.	ATH	9.47.25	Naimette
2009	Vandeleene B.	CABW	9.38.42	Nivelles
2010	Dupont F.	CABW	9.39.65	Naimette
2011	Merveille B.	CSF	9.17.45	Herve
2012	Dekeyser J.	BBS	9.10.84	Nivelles
2013	Dupont F.	CABW	9.29.37	Herve
2014	Dupont F.	CABW	9.24.23	La Louvière
2015	Dupont F.	CABW	9.03.81	Jambes
2016	Dupont F.	CABW	9.18.88	Nivelles
2017	Dupont F.	CABW	9.17.24	Nivelles
2018	Broze J.	RIWA	9.28.76	Naimette
2019	Lenoir U.	CSF	9.22.29	Nivelles

Longueur

1982	Baka T.	SMAC	7m20	Gaurain
1983	Henri Y.	SMAC	6m98	Naimette
1984	Falise D.	ESC	7m35	Naimette

Hauteur

1982	Leblanc JP.	DS	2m00
1983	Chanet M.	FCHA	2m01
1984	Sculteur S.	SMAC	2m00
1985	Lamberts D.	ESC	2m03
1986	Dezaeytijd JP.	SCA	2m06
1987	Sikumoya C.	RCB	2m10
1988	Sikumoya C.	RCB	2m06
1989	Baggio L.	SER	2m10
1990	Vandamme P.	SCA	2m00
1991	Damoiseaux F.	DAMP	1m90
1992	Kuster R.	CSF	2m06
1993	Kuster R.	CSF	2m06
1994	Hansenne E.	SPA	2m03
1995	Baggio L.	RFCL	2m06
1996	Baggio L.	RFCL	2m06
1997	Baggio L.	RFCL	2m03
1998	Lucas G.	DAMP	2m03
1999	Campeneer S.	USTA	2m00
2000	Braconnier B.	RFCL	1m95
2001	Campeneer S.	USTA	1m95
2002	Campeneer S.	USTA	2m00
2003	Andre S.	CSDY	2m00
2004	Schomelhoud M.	USTA	1m95
2005	Joiris J.	DAMP	1m95
2006	Chalon X.	DAMP	2m00
2007	Chalon X.	DAMP	2m09
2008	Campener C.	USTA	2m06
2009	Chalon X.	DAMP	2m07
2010	Campener C.	USTA	2m04
2011	Lambert R.	DAMP	2m03
2012	Hutlet A.	DAMP	2m00
2013	Makena L.	CSDY	2m06
2014	Bal N.	USTA	1m90
2015	Pakuszewski R.	CABW	2m00
2016	Deschamps S.*	MOHA	2m12
2017	Hanany M.*	CABW	2m12
2018	Carmoy T.	CRAC	2m10
2019	Carmoy T.	CRAC	2m24

Triple

1983	Butel P.	RCB	15m13
1984	Falise D.	ESC	15m98

1985	Adere E.	SER	7m16	Heysel
1986	Yuma E.	ESC	7m05	Gaurain
1987	Adere E.	SER	7m13	Woluwé
1988	Falise D.	ESC	7m46	Naimette
1989	Van Lancker R.	ESC	6m80	Saint Mard
1990	Henri Y.	RFCL	7m50	Nivelles
1991	Paternostre M.	WS	7m15	Gaurain
1992	Cooper X.	OSGA	7m12	Naimette
1993	Van Lancker R.	ESC	7m47	La Louvière
1994	Van Lancker R.	ESC	7m56	La Louviere
1995	Paternostre JP.	WS	7m44	Jambes
1996	Branle H.	RFCL	7m52	Forest
1997	Branle H.	RFCL	7m22	Woluwé
1998	Prudent PH	RFCL	7m54	Naimette
1999	Biname E.	RFCL	7m21	Forest
2000	Branle H.	RFCL	6m96	Jambes
2001	Perez Denis	FCHA	6m82	Namur
2002	Velter M.	DAMP	7m45	Namur
2003	Branle H.	RFCL	7m26	Herve
2004	Velter M.	DAMP	7m59	Naimette
2005	Xhonneux F.	RESC	7m04	Gaurain
2006	Gourmet F.	RFCL	6m96	Nivelles
2007	Stempnick N.	DS	6m95	Jambes
2008	Stempnick N.	DS	7m40	Naimette
2009	Gourmet F.	RFCL	7m07	Nivelles
2010	Stempnick N.	DS	7m45	Naimette
2011	Stempnick N.	Ds	7m25	Herve
2012	Stempnick N.	DS	7m46	Nivelles
2013	Campener C.	RESC	7m40	Herve
2014	Lambert R.	DAMP	7m11	La Louvière
2015	Campener C.	RESC	7m02	Jambes
2016	Campener C.	RESC	8m05w 7m94	Nivelles
2017	Stas V.	CABW	7m41w 7m34	Nivelles
2018	Campener C.	RESC	7m59w	Naimette
2019	Campener C.	RESC	7m65	Nivelles

Perche

1982	Desagher B.	ACRI	4m80	Gaurain
1983	Jacques J.M.	ESC	4m80	Naimette
1984	Jayankura L.	CSF	4m60	Naimette
1985	Ciccarelli P.	ARCH	4m60	Heysel
1986	Desagher B.	ACRI	4m80	Gaurain
1987	Desagher B.	ACRI	5m00	Woluwé
1988	Dewasmes G.	USTA	4m90	Naimette

1985	Falise D.	ESC	16m14
1986	Falise D.	ESC	16m50
1987	Falise D.	ESC	16m31
1988	Falise D.	ESC	16m56
1989	Herman E.	DAMP	14m82
1990	Falise D.	SER	16m02
1991	Henri Y.	FCL	14m69
1992	Henri Y.	FCL	14m70
1993	Henri Y.	RFCL	15m14
1994	Henry Y.	RFCL	14m99
1995	Mambo D.	CABW	15m34
1996	Lazaar M.	RFCL	15m42
1997	Israel S.	RFCL	14m41
1998	Velter M.	DAMP	14m70
1999	Mambo K.	CABW	15m83
2000	Mambo K.	CABW	15m89
2001	Velter M.	DAMP	15m52
2002	Velter M.	DAMP	16m07
2003	Xhonneux F.	ESC	14m66
2004	Herman E.	DAMP	14m05
2005	Adam C.	BBS	13m50
2006	Debailleul C.	RCB	14m35
2007	Debailleul C.	RCB	14m50
2008	Debailleul C.	RCB	15m49
2009	Debailleul C.	RCB	15m66
2010	Debailleul C.	RCB	15m41
2011	Kapata L.	RCB	15m14
2012	Kapata L.	CABW	15m85
2013	Campener C.	RESC	15m04
2014	Marbaix L.	MOHA	14m36
2015	Marbaix L.	MOHA	14m06
2016	Xhonneux F.	RESC	15m02w
2017	Kapata L.	CABW	15m84w 15m56
2018	Kapata L.	CABW	15m64
2019	Kingunza D.	CSF	14m88

Poids

1982	Chevalier C.	SCA	13m88
1983	Lannoye D.	RCB	14m34
1984	Legros N.	FCL	15m70
1985	Legros N.	FCL	15m22
1986	Lannoye D.	WS	14m52
1987	Frare T.	SER	14m09
1988	Lange F.	SPA	13m87

1989	Paternotte M.	CSF	4m80	Saint Mard
1990	Jayankura L.	CSF	4m50	Nivelles
1991	Demaret P.	RCSC	4m20	Gaurain
1992	Elias R.	FCL	4m70	Naimette
1993	Dewasmes G.	USTA	4m60	La Louvière
1994	Biot O.	ESC	4m90	La Louviere
1995	Dewasme G.	USTA	5m00	Jambes
1996	Biot O.	ESC	5m02	Forest
1997	Duval T.	CABW	4m70	Woluwé
1998	Duval T.	CABW	5m00	Naimette
1999	Duval T.	CABW	5m10	Forest
2000	Simonet B.	RFCL	4m80	Jambes
2001	Baune J.	SMAC	4m50	Namur
2002	Simonet B.	RFCL	5m20	Namur
2003	Duval T.	CABW	5m60	Herve
2004	Simonet B.	ACO	5m00	Naimette
2005	Hoffelt O.	ULA	4m20	Gaurain
2006	Xhonneux F.	RESC	4m50	Nivelles
2007	Hoffelt S.	ULA	5m00	Jambes
2008	Vanhees L.	ACO	5m00	Naimette
2009	Vanhees L.	ACO	4m80	Nivelles
2010	Vanhees L.	ACO	5m00	Naimette
2011	Hoffelt S.	ULA	5m00	Herve
2012	Art Arnaud	FCHA	5m35	Nivelles
2013	Hoffelt S.	ULA	4m70	Herve
2014	Vanhees L.	WACO	4m80	La Louvière
2015	Colle F.	CSDY	4m20	Jambes
2016	Hoffelt S.	ULA	4m90	Nivelles
2017	Colle F.	CSDY	4m60	Nivelles
2018	Lanotte B.	DAMP	4m71	Naimette
2019	Art A.	FCHA	5m40	Nivelles

Disque

1982	Vanschoor R.	USBR	53m78	Gaurain
1983	D'Hauwers J.P.	CSF	45.50	Naimette
1984	Vanschoor R.	FCL	47m88	Naimette
1985	Vanschoor R.	FCL	49m02	Heysel
1986	Vanschoor R.	FCL	47m52	Gaurain
1987	Thirion A.	SMAC	45m32	Woluwé
1988	Stalas M.	RCB	43m64	Naimette
1989	Vanschoor R.	FCL	50m40	Saint Mard
1990	Vanschoor R.	ESC	48m56	Nivelles
1991	Van Uytven H.	FCL	47m98	Gaurain
1992	Van Uytven H.	FCL	48m24	Naimette

1989	Legros N.	FCL	15m91
1990	Dupont C.	RFCL	15m47
1991	Leskoviansky M.	ACLE	15m74
1992	Dupont C.	FCL	16m17
1993	Dupont C.	RFCL	15m56
1994	Dupont C.	RFCL	14m98
1995	Dupont C.	RFCL	15m39
1996	Dupont C.	RFCL	15m21
1997	Swinnen P.	CABW	15m78
1998	Piron JP	BBS	13m39
1999	Rausin F.	RFCL	15m02
2000	Rausin F.	RFCL	15m63
2001	Rausin F.	RFCL	15m05
2002	Dupont	RFCL	13m99
2003	Rausin F.	RFCL	14m56
2004	Rausin F.	RFCL	14m46
2005	Guillaume A.	BBS	16m47
2006	Guillaume A.	BBS	15m36
2007	Guillaume A.	BBS	15m82
2008	Guillaume A.	BBS	16m35
2009	Revyn R.	RFCL	15m88
2010	Guillaume A.	BBS	15m72
2011	Solot J.	SMAC	14m09
2012	Revyn R.	RFCL	16m15
2013	Guillaume J.	RESC	13m66
2014	Guillaume A.	BBS	14m57
2015	Guillaume A.	BBS	14m56
2016	Guillaume A.	BBS	14m38
2017	Guillaume A.	BBS	14m70
2018	Guillaume J.	RESC	15m28
2019	Guillaume J.	RESC	14m99

Javelot

1982	Maigret B.	SMAC	68m26
1983	Schlatter J.P.	FCL	72m28
1984	Duchateau J.	ACRI	66m14
1985	Schlatter JP	FCL	69m70
1986	Malfait C.	CSF	56m80
1987	Desaedeleer C.	ESC	62m04
1988	Noel F.	MOHA	60m40
1989	Lejeune L.	WS	56m86
1990	Schlatter JP.	RFCL	68m36
1991	Schlatter JP.	CSF	70m46
1992	Schlatter JP	SMAC	68m52

1993	Van Uytven H.	RFCL	49m14	La Louvière	1993	Schlatter JP	SMAC	70m84
1994	Van Uytven H.	RFCL	47m86	La Louviere	1994	Schlatter JP	SMAC	64m64
1995	Dupont C.	RFCL	48m86	Jambes	1995	Schlatter JP	CSF	63m26
1996	Thirion A.	ARCH	43m80	Forest	1996	Schlatter JP	CSF	63m18
1997	Dupont C.	RFCL	46m92	Woluwé	1997	Schlatter JP.	CSF	64m52
1998	Van Schoor R.	ESC	47m69	Naimette	1998	Vasteels M.	CSF	63m15
1999	Dupont C.	RFCL	47m36	Forest	1999	Schlatter JP.	CSF	65m89
2000	Vandville G.	CABW	46m90	Jambes	2000	Parfenov V.	WS	72m80
2001	Dupont C.	RFCL	44m60	Namur	2001	Schlatter JP	CSF	65m76
2002	Van Schoor R.	ESC	43m12	Namur	2002	Vasteels M.	CSF	61m99
2003	Baton S.	DS	41m70	Herve	2003	Vasteels M.	CSF	61m62
2004	Dupont C.	HF	46m04	Naimette	2004	Vasteels M.	CSF	62m70
2005	Guillaume A.	BBS	43m32	Gaurain	2005	Xhonneux F.	RESC	57m98
2006	Guillaume A.	BBS	44m12	Nivelles	2006	Vasteels M.	CSF	60m85
2007	Guillaume A.	BBS	44m77	Jambes	2007	Vasteels M.	CSF	60m40
2008	Guillaume A.	BBS	44m58	Naimette	2008	Vasteels M.	CSF	61m15
2009	Npetteng T. R.	SMAC	46m82	Nivelles	2009	Debecker V.	RIWA	50m05
2010	Npetteng T. R.	SMAC	45m76	Naimette	2010	Vasteels M.	CSF	58m48
2011	Npetteng T. R.	SMAC	45m42	Herve	2011	Vasteels M.	CSF	64m02
2012	Reyn R.	RFCL	45m31	Nivelles	2012	Vasteels M.	CSF	58m39
2013	Timchou Talla X.	CABW	45m42	Herve	2013	Gets F.	USTA	54m60
2014	Housmans A.	MOHA	42m65	La Louvière	2014	Gets F.	RESC	54m60
2015	Guillaume A.	DAMP	42m13	Jambes	2015	Branders T.	DAMP	57m49
2016	Willocq F.	CABW	44m87	Nivelles	2016	Branders T.	DAMP	59m45
2017	Willocq F.	CABW	49m11	Nivelles	2017	Branders T.	DAMP	63m30
2018	Salvaggio C.*	RESC	43m30	Naimette	2018	Gets F.	RESC	58m45
2019	Salvaggio C.*	RESC	43m49	Nivelles	2019	Boa M.	CSF	59m05

Marteau

1982	Bontemps R.	ESC	40m54	Gaurain
1983	Pinte E.	MOHA	51m58	Naimette
1984	Pinte E.	FCL	53m16	Naimette
1985	Pinte E.	FCL	53m76	Heysel
1986	Pinte E.	FCL	64m10	Gaurain
1987	Pinte E.	FCL	68m00	Woluwé
1988	Malachenko A.	MOHA	61m58	Naimette
1989	Malachenko A.	MOHA	62m96	Saint Mard
1990	Malachenko A.	MOHA	57m94	Nivelles
1991	Malachenko A.	MOHA	66m72	Gaurain
1992	Malachenko A.	MOHA	64m78	Naimette
1993	Malachenko A.	MOHA	66m32	La Louvière
1994	Malachenko A.	MOHA	67m14	La Louviere
1995	Malachenko A.	MOHA	63m26	Jambes
1996	Malachenko A.	MOHA	62m82	Forest

1997	Malachenko A.	MOHA	64m96	Woluwé
1998	Malachenko A.	MOHA	65m86	Naimette
1999	Malachenko A.	MOHA	64m48	Forest
2000	Vandeville G.	CABW	62m51	Jambes
2001	Lagast J.	MOHA	61m44	Namur
2002	Pierre N.	CABW	53m81	Namur
2003	Bettolo L.	ARCH	63m50	Herve
2004	Bettolo L.	ARCH	60m55	Naimette
2005	Pierre N.	CABW	60m57	Gaurain
2006	Pierre N.	CABW	56m42	Nivelles
2007	Pierre N.	CABW	62m30	Jambes
2008	Pierre N.	CABW	63m47	Naimette
2009	Pierre N.	CABW	60m73	Nivelles
2010	Pierre N.	CABW	60m59	Naimette
2011	Despontin T.	ARCH	44m30	Herve
2012	Pierre N.	CABW	66m55	Nivelles
2013	Pierre N.	CABW	59m77	Herve
2014	Pierre N.	CABW	62m93	Nivelles
2015	Moreaux T.	SMAC	52m71	Nivelles
2016	Salvaggio C.	RESC	57m49	Nivelles
2017	Bernard T.	RESC	55m72	Nivelles
2018	Verhelle A.	SER	44m20	Naimette
2019	Salvaggio C.*	RESC	59m45	Nivelles

Décathlon

1993	C.Dupont	RFCL	6259pts	Charleroi
1994	Petit F.	SER	5736pts	Naimette
1995	Udelhoven	HF	6815pts	Dampicourt
1996	Patenotte M.	CSF	6372pts	St Nicolas
1997	Paternotte M.	CSF	6451pts	Herve
1998	Crets S.	HERV	6328pts	Jambes
1999	Crets S.	HERV	6452pts	Bertrix
2000				Obourg
2001	Crets S.	HERV	6402pts	St Nicolas
2002	Hurduc R.	DS	6919pts	Herve
2003	Xhonneux F.	ESC	6917pts	Herentals
2004	Gourmet F.	RFCL	7628pts	Verviers
2005	Hoffelt S.	ULA	6984pts	Izegem
2006	Xhonneux F.	RESC	7529pts	Herve
2007	Xhonneux F.	RESC	7798pts	Beveren
2008	Hoffelt S.	ULA	6981 pts	Naimette
2009	Carton Delcourt B.	CABW	7338 pts	Herentals
2010	D'Heygere J.	USTA	6500 pts	Naimette
2011	Xhonneux F.	RESC	7713pts	Heusden

2012	Carton Delcourt B.	CABW	7107pts	Verviers
2013				Bertrix
2014	Mammerickx Y.	RCB	5984pts	Schaerbeek
2015	Marlier S.	SLAC	5386pts	Schaerbeek
2016				Nivelles
2017				Forest
2018	Nutte J-B.	DS	7266pts	Schaerbeek
2019	Bodart R.	BBS	6997pts	Schaerbeek

FEMMES

Année	nom	Club	Perf	Lieu	Année	nom	Club	Perf
100m					200m			
1982	Vandevoort D.	ARCH	11.8	Gaurain Ramecroix	1982	Vandendriessche N.	ESC	25.5
1983	Demaetelaere E.	RCB	12.02	Naimette	1983	Bollen P.	HERV	25.26
1984	Devrye C.	ESC	11.88	Naimette	1984	Liesse D.	RCB	25.09
1985	Devrye C.	ESC	12.13	Heysel	1985	Bollen P.	HERV	25.3
1986	Duchateau M.	ACRI	12.36	Gaurain	1986	Motte C.	FCHA	25.36
1987	Finck C.	FCL	11.96	Woluwé St Lambert	1987	Finck C.	FCL	24.3
1988	Finck C.	FCL	11.82	Naimette	1988	Dethier S.	CABW	23.88
1989	Finck C.	FCL	11.75	Saint Mard	1989	Finck C.	FCL	24.20
1990	Finck C.	RFCL	12.24	Nivelles	1990	Finck C.	FCL	25.42
1991	Denis V.	USTA	12.02	Gaurain Ramecroix	1991	Denis V.	USTA	24.63
1992	Denis V.	CABW	11.91	Naimette	1992	Denis V.	CABW	24.84
1993	Denis V.	CABW	12.01	La Louvière	1993	Denis V.	CABW	24.60
1994	Lenoir C.	RFCL	11.68	La Louviere	1994	Lenoir C.	RFCL	23.70
1995	Hennart S.	RFCL	11.75	Jambes	1995	Hennart S.	RFCL	24.04
1996	Finck C.	RFCL	11.89	Forest	1996	Finck C.	RFCL	24.44
1997	Hennart S.	RFCL	12.31	Woluwé St Lambert	1997	Gilson H.	SER	24.98
1998	Troonen M.	SMAC	12.05	Naimette	1998	Daems S	RCB	25.30
1999	Hennart S.	CABW	11.85	Forest	1999	Daems S.	RCB	25.80
2000	Louami C.	CABW	11.88	Jambes	2000	Daems S.	RCB	24.50
2001	Deherdt S.	RCB	12.19	Namur	2001	Deherdt S.	RCB	25.42
2002	Tonde S.	SMAC	11.97	Namur	2002	Deherdt S.	RCB	24.84
2003	Cullen F.	CABW	11.87	Herve	2003	Borlée O.	SPA	24.89
2004	Davin E.	DAMP	11.97	Naimette	2004	Deherdt S.	RCB	25.35
2005	Davin E.	DAMP	11.95	Gaurain	2005	Borlée O.	SPA	25.06
2006	Davin E.	DAMP	11.84	Nivelles	2006	Stoffels C.	LACE	25.59
2007	Borlée O.	WS	11.77	Jambes	2007	Libert L.	HUY	25.26
2008	Davin E.	DAMP	11.68	Naimette	2008	Stoffels C.	LACE	24.49

2009	Zagré A.	RCB	11.94
2010	Maduangele B. C	RCB	11.85
2011	Leprince L.	DAMP	12.28
2012	Leprince L.	DAMP	12.28
2013	Van Den Broeck N.	ROCA	12.06
2014	Appes F.*	CABW	11.67
2015	Leprince L.	DAMP	12.16
2016	Laus C.	RCB	12.14
2017	Ferauge L.	CABW	12.03
2018	Tchapda D.	SMAC	11.99
2019	Appes F.*	CABW	11.79

400m

1982	Berden B.	FCL	57.1
1983	Devroux I.	USLE	58.46
1984	Demaertelaere E.	RCB	54.23
1985	Devrecker F.	RCB	58.25
1986	Hautenaue J.	CADB	57.07
1987	Dubois J.	FCL	57.55
1988	Clarival C.	DAMP	58.21
1989	Clarival C.	DAMP	56.61
1990	Clarival C.	DAMP	56.25
1991	Motte C.	FCHA	58.73
1992	Wey C.	VA	58.88
1993	Meersman M.	TCB	54.99
1994	Archambeau I.	RFCL	57.93
1995	Servais C.	MALM	58.28
1996	Adam B.	ESC	59.14
1997	Bancu S.	BBS	58.01
1998	Michel L.	MALM	56.59
1999	Michel L.	MALM	57.10
2000	Demaret L.	CABW	58.80
2001	Amellal M.	RCB	57.40
2002	Adam B.	ESC	58.06
2003	Deherdt S.	RCB	57.10
2004	Deherdt S.	RCB	56.71
2005	Bewouda C.	CABW	54.39
2006	Noel S.	SMAC	57.79
2007	Dewitte V.	RESC	58.13
2008	Leseultre C.	ATH	57.50
2009	Borlée O.	WS	55.15
2010	Laus C.	USTA	56.56
2011	Guillaume E.	SMAC	56.66
2012	Libert L.	USBW	55.71

Nivelles
Naimette
Herve
Nivelles
Herve
La Louvière
Jambes
Nivelles
Nivelles
Naimette
Nivelles

2009	Wuillaume S.	RFCL	25.18
2010	Maduangele B. C.	RCB	24.35
2011	Leprince L.	DAMP	25.06
2012	Borlée O.	WS	23.96
2013	Van Den Broeck N.	ROCA	24.6
2014	Bolingo Mbongo C.	CABW	23.52
2015	Bolingo Mbongo C.	CABW	24.47
2016	Laus C.	RCB	24.46
2017	Bolingo Mbongo C.	CABW	23.77
2018	Thiry N.	SER	24.91
2019	Chavepeyer C.	ACLO	24.97

800m

1982	Dewachter D.	ESC	2.21.3
1983	Baes M.	RCB	2.14.70
1984	Dewachter S.	WS	2.17.89
1985	Houbart C.	FCHA	2.15.66
1986	Houbart C.	FCHA	2.16.72
1987	Houbart C.	FCHA	2.17.63
1988	Nemery F.	ACRI	2.15.80
1989	Richez MF.	EAH	2.19.05
1990	Peeters A.	RFCL	2.14.35
1991	Peeters A.	FCL	2.14.69
1992	Roobaert L.	USBR	2.12.10
1993	Roobaerts L/	USBR	2.10.90
1994	Meersman M.	TCB	2.12
1995	Michel L.	MALM	2.15.84
1996	Peeters A.	RFCL	2.15.38
1997	Michel L.	MALM	2.09.18
1998	Schmit G.	ULA	2.15
1999	Hendrickx C.	MOHA	2.16.61
2000	Baouf F.	CABW	2.09.24
2001	Michel L.	LACE	2.12
2002	Michel L.	LACE	2.17
2003	Servais L.	MALM	2.14.63
2004	Michel L.	LACE	2.14
2005	Terry G.	RFCL	2.13
2006	Laurent A.	HF	2.15
2007	Laurent A.	HF	2.10.14
2008	Jacobs C.	RCB	2.16.24
2009	Jacobs C.	RCB	2.16.12
2010	Gillet D.	BAEX	2.18.00
2011	Gerardy A.	ARCH	2.17.53
2012	Gerardy A.	ARCH	2.19.54

2013	Libert L.	USBW	55.55	Herve
2014	De Temmerman G.	CABW	57.09	La Louvière
2015	Nagels R.	RESC	54.59	Jambes
2016	Dejemeppe J.	CSF	56.54	Nivelles
2017	Schoemaker L.	OSGA	56.72	Nivelles
2018	Brackman J.	DAMP	55.35	Naimette
2019	Laine T.	OSGA	57.75	Nivelles

2013	Sensee H.	ARCH	2.19.17
2014	Jacobs C.	RCB	2.16.01
2015	Jacobs C.	RCB	2.13.08
2016	Chylinski M.A.	RCAS	2.14.93
2017	Deswaef M.	RCB	2.10.73
2018	Muls C.	RESC	2.08.22
2019	Hayez L.	WS	2.09.26

1500m

1982	Collard V.	ESC	4.36.6	Gaurain
1983	Dumont M.	ESVR	4.30.83	Naimette
1984	Dumont M.	ESVR	4.41.29	Naimette
1985	Peeters F.	FCL	4.26.20	Heysel
1986	Delauw P.	ESC	4.29.53	Gaurain
1987	Loubelle N.	SPA	4.40.57	Woluwé
1988	Loubelle N.	SPA	4.24.51	Naimette
1989	Loubelle N.	FCL	4.24.07	Saint Mard
1990	Deroubaix N.	GREA	4.41.63	Nivelles
1991	Houbart C.	PAC	4.38.27	Gaurain
1992	Houbart C.	PAC	4.35.40	Naimette
1993	De Brabant A.	RFCL	4.28.54	La Louvière
1994	Houbart T.	CABW	4.27	La Louviere
1995	Olivier A.	CSF	4.46	Jambes
1996	Houbart C.	CABW	4.42	Forest
1997	Sluysmans I.	RFCL	4.29.21	Woluwé
1998	Sluysmans I.	RFCL	4.26.11	Naimette
1999	Sluysmans I.	RFCL	4.31.28	Forest
2000	Denoncin K.	BBS	4.46.18	Jambes
2001	Gregoire V.	ARCH	4.37	Namur
2002	Marechal AS.	HF	4.54	Namur
2003	Loubele N.	BBS	4.38.00	Herve
2004	Terryn G.	RFCL	4.34	Naimette
2005	Terryn W.	RFCL	4.36	Gaurain
2006	Loubele N.	BBS	4.47	Nivelles
2007	Gabriel C.	MALM	4.49.00	Jambes
2008	Loubele N.	BBS	4.41.2	Naimette
2009	Monfils P.	CABW	4.40.06	Nivelles
2010	Loubele N.	BBS	4.37.72	Naimette
2011	Laurent A.	HF	4.38.13	Herve
2012	Loubele N.	BBS	4.37.97	Nivelles
2013	Loubele N.	DAMP	4.42.42	Herve
2014	Vanderelst E.	MOHA	4.38.84	La Louvière
2015	Loubele N.	DAMP	4.48.23	Jambes
2016	Gaspard H.	RCB	4.50.66	Nivelles

3000m

1982	Coppens L.	WS	10.09.5
1983	Dumont M.	ESVR	9.47.2
1984	Delauw P.	CSA	10.16.46
1985	Dumont M.	ESVR	9.50.74
1986	Peiren E.	CSF	10.23.4
1987	Peiren E.	CSF	10.23.98
1988	Dumont M.	VA	9.55.68
1989	Dumont M.	VA	9.37.16
1990	Roobaerts L.	USBW	10.35.06
1991	Peiren E.	CSF	9.57.42
1992	Dumont M.	VA	9.51.60
1993	Deroubaix N.	GREA	10.04.40
1994	Rousseau N	USBI	10.30
1995	Peeters A.	RFCL	9.47
1996	Sluysmans I.	RFCL	9.46.01
1997	Rousseau N.	CABW	10.25.37
1998	Verschueren L	RFCL	9.59
1999	Baouf F.	CABW	9.18.29
2000	Baouf F.	CABW	9.37.95
2001	Aboulachen M.	CSF	9.31
2002	Lefebvre MJ	UAFA	10.57
2003	Gregoire V.	RFCL	10.29.01
2004	Terryn W.	RFCL	10.25
2005	Fievez C.	USTA	11.20
2006	Leboutte N.	FCHA	10.54
2007	Jacquemin I.	DAMP	10.26.10
2008	Monfils P.	CABW	10.57.96
2009	Vandrogenbroeck V.	USBW	10.07.72
2010	Decock F.	FCHA	11.42.50
2011	Simon G.	MOHA	11.02.60
2012	Lecart M,	USBW	10.26.36
2013	Laurent A.	HF	10.03.65
2014	Martens C.	CABW	10.17.07
2015			
2016	Depoorter H.	RCB	10.31.13

2017	Van Den Bossche I.	RESC	4.46.08	Nivelles	2017	Demeyer V.	RCB	10.19.05
2018	Scaunet V.	CABW	4.35.49	Naimette	2018	Branders A.	DAMP	10.10.85
2019	Grandjean L.	CAF	4.43.77	Nivelles	2019	Saussez A.	ACLO	10.04.36

100m H

1982	Wery M.	DAMP	13.9	Gaurain
1983	Dethier S.	FCHA	14.09	Naimette
1984	Dethier S.	FCHA	13.82	Naimette
1985	Dethier S.	FCHA	13.5	Heysel
1986	Collin N.	SCA	14.33	Gaurain
1987	Dohogne C.	LACE	13.80	Woluwé
1988	Vincent I.	CAF	15.06	Naimette
1989	Dethier S.	CABW	13.47	Saint Mard
1990	Delplancke C.	SCA	13.82	Nivelles
1991	Delplancke C.	SCA	13.85	Gaurain
1992	DeVrye C.	ESC	14.04	Naimette
1993	Devrye C.	ESC	13.90	La Louvière
1994	Devrye C.	ESC	14.10	La Louviere
1995	Tschomba M.	RIWA	13.72	Jambes
1996	Boux C.	RFCL	13.58	Forest
1997	Troonen M.	SMAC	13.63	Woluwé
1998	Troonen M.	SMAC	13.84	Naimette
1999	Troonen M.	SMAC	13.75	Forest
2000	Tschomba M.	CABW	13.69	Jambes
2001	Tschomba M.	CABW	13.95	Namur
2002	Tschomba M.	CABW	13.93	Namur
2003	Cullen F.	CABW	13.54	Herve
2004	Cullen F.	CABW	13.40	Naimette
2005	Kaboud M.	CABW	13.84	Gaurain
2006	Davin E.	DAMP	13.91	Nivelles
2007	Charlet M.	ULA	15.19	Jambes
2008	Davin E.	DAMP	13.28	Naimette
2009	Zagré A.	RCB	13.48	Nivelles
2010	Davin E.	DAMP	13.38	Naimette
2011	Zagré A.	RCB	13.28	Herve
2012	Zagré A.	RESC	13.20	Nivelles
2013	Davin E.	DAMP	14.06	Herve
2014	Laurant C.	SPA	14.94	La Louvière
2015	Zagre A.	RESC	13.46	Jambes
2016	Vancauwemberghe S.	MOHA	14.12	Nivelles
2017				Nivelles
2018	Guillet L.	RESC	14.89	Naimette
2019	Vissers M.	ATC	14.00	Nivelles

400m H

1982	Dethier F.	FCHA	63.3
1983	Dethier F.	FCHA	62.81
1984	Dethier F.	FCHA	59.97
1985	Daems D.	ESC	63.92
1986	Servais F.	DAMP	66.63
1987	Dethier F.	FCHA	63.50
1988	Dethier F.	FCHA	61.70
1989	Dethier F.	FCHA	60.92
1990	Dethier F.	CABW	60.86
1991	Dethier F.	CABW	63.09
1992	Dethier F.	CABW	59.88
1993	Clarinval C.	DAMP	58.38
1994	Clarinval C.	DAMP	59.85
1995	Dethier F.	CABW	60.24
1996	Amellal M.	RCB	63.3
1997	Gilmant C.	CABW	62.5
1998	Amellal M.	RCB	61.82
1999	Amellal M.	RCB	62.55
2000	Guisset C.	ROCA	65.75
2001	Hendrickx K.	LACE	62.62
2002	Lorent E.	CABW	65.66
2003	Hendrickx K.	LACE	63.96
2004	Lorent E.	CABW	66.9
2005	Kaboud M.	CABW	59.49
2006	Dewitte V.	RESC	66.33
2007	Gilles C.	CABW	64.76
2008	Labeye W.	HF	62.25
2009	Guillet L.	BAEX	65.42
2010	Guillet L.	BAEX	62.79
2011	Guillet L.	RESC	63.09
2012	Leprince .	DAMP	62.85
2013	Brackman J.	DAMP	61.78
2014	Trussart V.	CSDY	60.96
2015	Debougnoux V.	HF	61.67
2016	Debougnoux V.	HF	61.08
2017	Famenne C.	CABW	66.00
2018	Badji J.	RESC	62.04
2019	Schauwers M.	RESC	60.17

1985	Dehasse C.	RACW	5m99	Heysel				
1986	Duchateau M.	ACRI	6m09	Gaurain				
1987	Duchateau M.	ACRI	5m69	Woluwé				
1988	Devrye C.	ESC	5m89	Naimette				
1989	Hennart S.	USTA	5m72	Saint Mard				
1990	Hennart S.	USTA	6m08	Nivelles	1990	Van Collie H.	ESC	11m51
1991	Gilmant C.	MOHA	5m65	Gaurain	1991	Van Collie H.	ESC	12m47
1992	Gilmant C.	MOHA	5m73	Naimette	1992	Detrein C.	RIWA	11m57
1993	Hennart S.	RFCL	5m96	La Louvière	1993	Detrain C.	RIWA	11m66
1994	Rasier L.	HERV	5m61	La Louviere	1994	Van Collie H.	ESC	12m10
1995	Gilmant C.	CABW	5m79	Jambes	1995	Denay S.	BBS	11m40
1996	Gilson H.	SER	5m67	Forest	1996	Polmans N.	RFCL	11m91
1997	Gilson H.	SER	5m90	Woluwé	1997	Clement AC.	DAMP	11m55
1998	Hennart S.	RFCL	5m89	Naimette	1998	Schklar C.	SPA	11m38
1999	Dubrunfaut M.	OCAN	5m73	Forest	1999	De Cock A.	ESC	11m86
2000	Dubrunfaut M.	OCAN	5m58	Jambes	2000	Schklar C.	SPA	11m89
2001	Schklar C.	SPA	5m61	Namur	2001	Schklar C.	SPA	11m98
2002	Delplace L.	SPA	5m48	Namur	2002	Clement AC.	DAMP	11m86
2003	Lahaye C.	CSDY	5m77	Herve	2003	Clement AC.	DAMP	11m70
2004	Schklar C.	SPA	5m77	Naimette	2004	Schklar C.	SPA	12m33
2005	Kipgen L.	RFCL	5m32	Gaurain	2005	Clement AC.	DAMP	11m55
2006	Rocquet A.	HERV	5m30	Nivelles	2006	Bourgeois J.	EAH	11m73
2007	Zagre A.	RCB	5m37	Jambes	2007	Kizuani F.	RFCL	11m61
2008	Rocquet A.	HERV	5m65	Naimette	2008	Kisuani F.	RFCL	12m13
2009	Wuillaume S.	RFCL	5m54	Nivelles	2009	Lambert G.	RCB	11m97
2010	Wuillaume S.	RFCL	5m66	Naimette	2010	Loureiro E.	RFCL	12m25
2011	Thiam N.	RFCL	5m82	Herve	2011	Onana L.	RCB	12m37
2012	Thiam N.	RFCL	5m91	Nivelles	2013	Onana L.	RCB	12m82
2013	Laurant C.	SPA	5m70	Herve	2013	Onana L.	RCB	13m18
2014	Thiam N.	RFCL	6m23	La Louvière	2014	Loureiro E.	RFCL	12m08
2015	Thiam N.	RFCL	6m23	Jambes	2015	Loureiro E.	RFCL	11m82
2016	Laurant C.	SPA	5m82w 5m77	Nivelles	2016	Loureiro E.	RFCL	12m40w 12m20
2017	Laurant C.	SPA	5m59w 5m63	Nivelles	2017	Loureiro E.	RFCL	12m65w 12m28
2018	Evans C.	HUY	5m52	Naimette	2018	Loureiro E.	RFCL	12m39w
2019	Evans C.	HUY	5m95w 5m87	Nivelles	2019	Guisse S.	RESC	13m38

Perche

Gaurain
Naimette
Naimette
Heysel
Gaurain
Woluwé
Naimette

Poids

1982	Deleeuw B.	SCA	13m68
1983	Deleeuw B.	SCA	13m63
1984	Deleeuw B.	SCA	13m86
1985	Deleeuw B.	SCA	13M77
1986	Gobeaux J.	MOHA	13m20
1987	Deleeuw B.	SCA	14m74
1988	Gobeaux J.	MOHA	13m49

				Saint Mard	1989	Devos A.	SCA	11m74
				Nivelles	1990	Gobeaux J.	MOHA	12m80
1991	Inge M.	ESC	3m20	Gaurain	1991	Deleeuw B.	SCA	14m61
1992	Marx I.	ESC	3m00	Naimette	1992	Debauwer V.	CSF	10m67
1993	Zubiolo S.	CSDY	3m10	La Louvière	1993	Maes V.	CSDY	11m47
1994	Zubiolo S.	CSDY	3m55	La Louviere	1994	Gobeaux J.	MOHA	13m01
1995	Zubiolo S.	CSDY	3m95	Jambes	1995	Deleeuw B.	SCA	13m08
1996	Zubiolo S.	CSDY	3m55	Forest	1996	Petit J.	ARCH	11m99
1997	Zubiolo S.	RFCL	3m70	Woluwé	1997	De Bouver V.	CSF	10m47
1998	Dufour I.	MOHA	3m50	Naimette	1998	Doumbadze	CABW	11m02
1999	Goetghebuer C.	CABW	3m70	Forest	1999	Reynaerts S.	ESC	11m36
2000	Plunus S.	HERV	3m50	Jambes	2000	Delbrassine V.	RCSC	10m84
2001	Dufour I.	MOHA	3m75	Namur	2001	Briche M.	CABW	14m65
2002	Dufour I.	MOHA	3m80	Namur	2002	Briche M.	CABW	14m16
2003	Verbeek S.	CABW	3m50	Herve	2003	Lorain M.	HF	11m62
2004	Krier AF.	ULA	3m10	Naimette	2004	Delbrassine V.	RCSC	11m02
2005	Dufour I.	MOHA	3m90	Gaurain	2005	Olivier B.	CAF	11m97
2006	Richard AL.	ULA	3m00	Nivelles	2006	Delbrassine V.	CRAC	10m91
2007	Smets F.	RFCL	3m60	Jambes	2007	Scimeca A.	USBW	11m91
2008	Smets F.	RFCL	3m50	Naimette	2008	Scimeca A.	USBW	11m98
2009	Smets F.	RFCL	3m85	Nivelles	2009	Scimeca A.	USBW	11m95
2010	Smets F.	RFCL	3m95	Naimette	2010	Scimeca A.	USBW	13m17
2011	Quirin M.	ACO	3m50	Herve	2011	Scimeca A.	USBW	12m64
2012	Smets F.	RFCL	4m22	Nivelles	2012	Scimeca A.	USBW	12m47
2013	Quirin M.	ACO	3m60	Herve	2013	Denisty D.	WS	10m25
2014	Van De Sype C.	RESC	3m21	La Louvière	2014	Borbouse M.	DAMP	12m48
2015	Quirin M.	RESC	3m90	Jambes	2015	Borbouse M.	DAMP	12m47
2016	Jacob D.	DAMP	3m50	Nivelles	2016	Thiam N.	RFCL	15m18
2017	Jallow M.	CSDY	3m40	Nivelles	2017	Borbouse M.	DAMP	11m86
2018	Bloch C.	SER	3m15	Naimette	2018	Buschgens E.	DAMP	12m15
2019	Vissers M.	ATC	4m10	Nivelles	2019	Dodrimont E.	CABW	11m77

Disque

1982	Cauchie MC.	RACW	46m48	Gaurain
1983	Deleeuw B.	SCA	44m36	Naimette
1984	Deleeuw B.	SCA	43m64	Naimette
1985	Boucquegneau M.F.	MOHA	47m04	Heysel
1986	Glowacki A.	ESC	46m94	Gaurain
1987	Deleeuw B.	SCA	44m28	Woluwé
1988	Boucquegneau M.F.	MOHA	43.52	Naimette
1989	Boucquegneau MF.	MOHA	47m26	Saint Mard
1990	Boucquegneau MF.	MOHA	38m48	Nivelles
1991	Devos A.	SCA	44m68	Gaurain
1992	Salee Y.	MOHA	35m46	Naimette

Javelot

1982	Florent M.	CSF	44m90
1983	Florent M.	CSF	42m88
1984	Bruynseels M.	RCB	39m56
1985	Florent M.	CSF	46m58
1986	Florent M.	CSF	41m26
1987	Florent M.	CSF	52m00
1988	Florent M.	CSF	47m02
1989	Florent M.	CSF	49m44
1990	D'halluin V.	JSM	37m78
1991	Martine F.	CSF	45m86
1992	D'halluin V.	JSMC	38m38

1993	Glowacki A.	SMAC	44m58	La Louvière	1993	D'halluin V.	JSMC	43m60
1994	Cantineau F.	MOHA	39m40	La Louviere	1994	Musin V.	CSF	40m62
1995	Hautfenne I.	RFCL	46m62	Jambes	1995	Hojka A.	ACLO	40m94
1996	Hautfenne I.	RFCL	44m28	Forest	1996	Cantineau F.	DS	40m88
1997	Cantineau F.	DS	41m02	Woluwé	1997	D'halluin V.	JSMC	43m12
1998	Sustelo I.	IXEL	38m56	Naimette	1998	Hojka A.	USBW	41m26
1999	Sustelo I.	IXEL	41m81	Forest	1999	Blockx S.	FAC	42m48
2000	Hautfenne I.	RFCL	39m92	Jambes	2000	Forthomme L.	RFCL	38m83
2001	Briche M.	CABW	44m35	Namur	2001	Blockx S.	FAC	40m63
2002	Briche M.	CABW	44m40	Namur	2002	Blockx S.	FAC	44m41
2003	Lorain M.	HF	40m06	Herve	2003	Forthomme L.	RFCL	40m69
2004	Lowy A.	WS	39m53	Naimette	2004	Forthomme L.	RFCL	40m66
2005	Sustelo I.	CABW	42m36	Gaurain	2005	Forthomme L.	RFCL	40m48
2006	Lowy A.	WS	35m66	Nivelles	2006	Forthomme L.	RFCL	41m93
2007	Scimeca A.	USBW	42m42	Jambes	2007	Uwilingiyimana F.	SMAC	32m52
2008	Sustelo I.	CABW	44m67	Naimette	2008	Piret J.	CRAC	37m28
2009	Sustelo I.	CABW	40m80	Nivelles	2009	Piret J.	CRAC	37m60
2010	Sustelo I.	CABW	40m97	Naimette	2010	Thiam N.	RFCL	39m37
2011	Borbouse M.	DAMP	43m59	Herve	2011	Fleury A.	ACLE	40m28
2012	Borbouse M.	DAMP	42m20	Nivelles	2012	Bourgeois J.	EAH	41m86
2013	Borbouse M.	DAMP	40m26	Herve	2013	Mauroy C.	CABW	37m66
2014	Borbouse M.	DAMP	45m51	La Louvière	2014	Mauroy C.	CABW	35m29
2015	Borbouse M.	DAMP	44m39	Jambes	2015	Hojka A.	USBW	36m29
2016	Borbouse M.	DAMP	45m82	Nivelles	2016			
2017	Dodrimont E.	CABW	45m96	Nivelles	2017	Smal P.	SMAC	42m10
2018	Dodrimont E.	CABW	41m61	Naimette	2018	Smal P.	SMAC	46m24
2019	Dodrimont E.	CABW	43m96	Nivelles	2019	Smal P.	SMAC	51m51

Marteau

1992	Guillaume F.	CABW	41m46
1993	Reckelbus L.	RCB	42m20
1994	Reckelbus L.	RCB	46m80
1995	Reckelbus L.	RCB	45m24
1996	Reckelbus L.	RCB	48m78
1997	Reckelbus L.	RCB	45m76
1998	Petit J.	RFCL	55m19
1999	Petit J.	RFCL	56m92
2000	Luyimi S.	SMAC	47m62
2001	Luyimi S.	SMAC	53m31
2002	Luyimi S.	SMAC	51m91
2003	Petit J.	ARCH	49m58
2004	Coosemans A.	HUY	37m83
2005	Sustelo I.	CABW	50m87
2006	Van Oystaeyen J.	CSDY	45m99

2007	Sustelo I.	CABW	50m71	
2008	Sustelo I.	CABW	52m50	
2009	Sustelo I.	CABW	51m64	
2010	Sustelo I.	CABW	54m69	
2011	Sustelo I.	CABW	49m00	
2012	Reckelbus L.	RCAS	43m42	
2013	Sustelo I.	CABW	49m49	
2014	Reckelbus L.	RCAS	43m87	Nivelles
2015	Davin G.	DAMP	47m77	Nivelles
2016	Davin G.	DAMP	47m88	Nivelles
2017	Davin G.	DAMP	46m65	Nivelles
2018	Reckelbus L.	RCAS	45m80	Naimette
2019	Davin G.	DAMP	46m33	Nivelles

Heptathlon

1993	C.Caille	SMAC	4067pts	Charleroi
1994				
1995	Rabbiosi A.	SPA	2954pts	Dampicourt
1996	Classen S.	HF	4449pts	St Nicolas
1997				Herve
1998	Denay S.	BBS	4456pts	Jambes
1999	Damoiseaux F.	DAMP	3536pts	Bertrix
2000				Obourg
2001	PP			St Nicolas
2002	Van Hoye A.	HF	3228pts	Herve
2003	Evers AC	HF	3167pts	Herentals
2004	Davin E.	DAMP	4077pts	Verviers
2005	Guillet L.	RESC	4418pts	Izegem
2006	pas de participantes			
2007	Guillet L.	BAEX	4180 pts	Beveren
2008	Charlet M.	ULA	4555 pts	Naimette
2009	Guillet L.	BAEX	4382 pts	Herentals
2010	Guillet L.	BAEX	4321 pts	Naimette
2011	Quintin M.	USTA	3736pts	Heuzden
2012	Hostyn P.	RESC	4425pts	Verviers
2013				Bertrix
2014	Huynen C.	HERV	3410pts	Schaerbeek
2015	Bekisz S.	HF	3534pts	Schaerbeek
2016				Nivelles
2017				Forest
2018	Coulon G.	CSDY	4385pts	Schaerbeek
2019	Defosse M.	OSGA	3643pts	Schaerbeek